

**SCOTCH ON THE ROCKS**  
**20-24 OCTOBER, 2024**  
*(following Celtic Colours Festival in Cape Breton)*  
**in**  
**NOVA SCOTIA**  
**Our Celtic Heath, 2367 Ridge Road, Hortonville**

**SCOTCH ON THE ROCKS**, 20-24<sup>th</sup> Oct. 2024 in Nova Scotia (dates chosen to immediately follow *Celtic Colours International Festival* on Cape Breton Island that celebrates a living traditional culture  
<https://celtic-colours.com/about/>

SCOTCH ON THE ROCKS consists of:

Sunday evening: Welcome Reception with an Introduction to Scottish Traditional Music and dance lecture.  
Four ½ day morning classes at Intermediate-Advanced level (Monday-Thursday) integrating the old & new.  
Two afternoon geology & history **excursions** to scenic localities of historical and/or geological interest

Cost: C\$400/person for dance classes, excursions, and ceilidh (Accommodations extra -see below)

**Onsite Massage Therapist** will have a few openings that week: if you'd like to book, please do so online at this link <https://ourceltichearth.noterro.com>

Scottish Dance Teachers: Duncan and Ailsa Keppie

Excursions: Duncan Keppie

Massage: Ailsa Keppie, Registered Massage Therapist (receipts issued for Insurance, e.g. Blue Cross)

**Accommodation extra**: @ Our Celtic Hearth – book with Ailsa at [ourceltichearth@gmail.com](mailto:ourceltichearth@gmail.com) please state which room you want and whether it is single or double occupancy and if you want breakfast added. There are limited rooms/beds available onsite so please book early if you want to reserve accommodation at Our Celtic Hearth. See images of rooms at the link below. Prices listed below as well.

<https://www.ourceltichearth.com/copy-of-the-studio> see chart below

ACCOMMODATION	RATE (tax incl)	OCCUPANTS
room with Queen bed -based on single occupancy	\$80	per day per person
room with Queen bed -based on double occupancy	\$50	per day per person
room with 2 twin beds - single occupancy	\$60	per day per person
room with 2 twin beds - double occupancy	\$40	per day per person
room with full bed - single occupancy	\$50	per day per person
dorm room - 4 single beds shared space	\$25	per day per person
camping - bring your own tent and gear *	\$20	per day per person

\*includes use of shower in the main house

\*\*all occupants share 2 full bathrooms in the main house

Breakfast can be included for \$15 extra (tax included)

**Nearby Accommodation**

@ Evangeline Motel: <https://www.theevangeline.ca/> \$200 and up

(N.B. the owners house has 5 rooms and could be rented for \$1000/night.

@ Old Orchard Inn: <https://www.theevangeline.ca/> \$167-185

## **Daily Schedule**

9.30 — 10.30 a.m. SCD class with Ailsa highlighting **Old Traditional Lowland & Highland steps**.

BREAK

11.15—12:30 pm SCD class with Duncan combining “**something old and something new**” in SCD.

12:30-2.00pm Lunch (Thursday farewell lunch at the Old Orchard Inn -Dutch Treat).

14.00 – 16.45 Excursions

- Monday: Ice Age features and visit to Lucketts Winery: <https://www.luckettvineyards.com/>
- Wednesday: Grand Pre/Blue Beach Carboniferous geology (<https://bluebeachfossilmuseum.com/>)

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**Registration Form (numbers limited to 16 dance class registrants, please email your registration and e-transfer to [johnduncankeppie@gmail.com](mailto:johnduncankeppie@gmail.com) as soon as possible to make sure there is a place for you):**

Name

Address

Email

Phone Number

**Duncan Keppie** has been teaching Scottish Country Dance (SCD) workshops and classes for over 50 years in various countries such as Scotland, the U.S., Zambia, New Zealand, Mexico and Canada at the Gaelic College and Haliburton School of Arts. Duncan and Maggie (wife) have composed and published more than 350 Scottish Country dances in the Gaelic College and Haliburton Series of original Scottish Country Dances. Duncan is author of a highly successful and detailed dance manual, and a book and tape entitled *The Music Tells You What To Do*. Duncan plays the piano accordion for Scottish Country dancing and has two recordings with the Macadians SCD Band. Participants’ experience of SCD opens a rich vista of how SCD was danced in prior to the twentieth century, and recent innovations in the SCD tradition, things that have interested Duncan over many years. This Scotch on the Rocks will include old and new variants, so keeping SCD in a “*living tradition*”.

**Ailsa Keppie** has been immersed in Scottish dancing and music from birth, initially absorbing the culture by osmosis and then joining her parents and Scottish Country dance events. This experience progressed on going to the St. Ann’s Gaelic College to learn Highland Dancing and Cape Breton Step Dancing. Ailsa was a member of the St. Andrew’s University demonstration team while she was studying in Scotland in the 1990’s. She now participates in the Scottish Country Dance Advanced Class.

**Ailsa** is a Registered Massage Therapist with additional expertise in Myofascial Release and Craniosacral therapy.