

# Dance Instructions for October Monthly Dance • 05 October 2019

**Time:** 8:00 pm (starts promptly)  
**Place:** Crescent School (Upper Gym)  
**Cost:** Adult: Member \$27; non-Member \$32  
Student Member \$10; Youth / Spectator \$5  
Beginner enrolled in Class (in March) \$10  
**Music:** Don Bartlett & The Scottish Heirs  
**Host:** Bloorlea • Calvin • Scarborough

**\* = Tartan Ball dances**

**B = Dances which will be briefed but not walked.**

**\* EH3 7AF      8 X 32 J: 3 Cpls (4 cpl set)**  
*Roy Goldring, Book 40*

- 1- 8 1st couple lead down the middle and up.  
Finish: 1st couple, in the centre, *face up*.  
On bar 8, 2nd and 3rd couples step in,  
ready for:
- 9-16 1st, 2nd and 3rd couples dance a  
promenade.  
On bars 15-16, 1st couple cast *off* to  
second place; *while*, 2nd couple dance up  
to first place and 3rd couple return to their  
original place.
- 17-20 1st couple pass partner, right shoulder (no  
hands) to cross to their opposite side;  
then turn their First Corner, right hand.  
Finish: 1st woman *face down* between 2nd  
couple and 1st man *face up*, between 3rd  
couple.
- 21-24 1st couple pass partner, right shoulder (no  
hands), up and down the middle; then  
turn their Second Corner, right hand.  
Finish: 1st couple in second place on their  
opposite side.
- 25-28 Right hands across, in the centre: 1st man  
with 2nd couple and 1st woman with 3rd  
couple.
- 29-32 1st woman cross up between 2nd couple  
and cast *off* to second place, on her own  
side; *while*, 1st man cross down between  
3rd couple and cast *up* to second place, on  
his own side.

**PEGGY SPOUSE MBE**

**8 X 32 S: 3 Cpls (4 cpl set)**  
*John Wilkinson, Book 46*

- 1 - 4 1st woman and 2nd man cross over,  
passing each other, left shoulder; then  
dance round their partner, right shoulder.  
On bar 4, 1st man and 2nd woman take a  
small step in.  
Finish in the middle: 1st woman and 2nd  
man, back to back, *face their partner* with  
both hands joined with their partner.
- 5- 8 1st and 2nd couples dance a half  
poussette.
- 9-14 Reels of three across the set: 1st woman

with 2nd couple and 1st man with 3rd  
couple.

To begin: 1st woman pass 2nd man and 1st  
man pass 3rd woman, left shoulder.

- 15-16 1st woman dance to the top and pull right  
shoulder back to finish at first place in the  
centre, *facing down*.

*While*, 1st man dance down and pull right  
shoulder back to finish at third place in the  
centre, *facing up*.

*At the same time*, 2nd and 3rd couples  
curve in to meet their partner and join  
nearer hands, in the middle.

Finish: 2nd couple *face 1st woman* and 3rd  
couple *face 1st man*.

- 17-20 1st, 2nd and 3rd couples set; then 1st  
woman with 2nd couple and 1st man with  
3rd couple dance three hands halfway  
round.

Finish: 1st couple back to back in the  
middle; 1st woman *face up* and 1st man  
*face down*.

*While*, 2nd and 3rd couples finish in the  
centre, nearer hands joined: 2nd couple, in  
first place, *face down* and 3rd couple, in  
third place, *face up*.

- 21-24 1st couple set; then dance a "Petronella"  
turn to second place on their own side.  
*At the same time*, 2nd and 3rd couples  
dance set and link to finish on their own  
side.

- 25-32 2nd, 1st and 3rd couples dance six hands  
round and back.

**B WAYS IN NEW HALL**

**8 X 32 R: 3 Cpls (4 cpl set)**  
*Richard Adams, Book 42*

- 1- 8 1st, 2nd and 3rd couples dance reels of  
three on their own side.  
To begin: 1st couple pass 2nd couple, right  
shoulder.  
Finish: 1st woman *face out*.
- 9-14 1st woman, followed by her partner, dance  
down behind 2nd woman; and cross over  
and dance behind 3rd man.
- 15-16 1st woman cross back to her own side and  
dance behind 3rd woman up to second place  
on her own side.  
*while*, 1st man dance round 3rd man and up  
the middle straight into second place on his  
own side.  
2nd couple step up, bars 15-16.
- 17-24 Figures of eight: 1st man dance up (pass  
2nd woman, right shoulder) round 2nd  
couple and 1st woman dance down (pass  
3rd man, right shoulder) round 3rd couple.

Finish: 1st couple in second place on their own side.

25-32 2nd and 1st couples dance rights and lefts.

At the end, 1st woman may omit the polite turn so that she can flow straight into the reel at the beginning of the next turn of the dance.

Having repeated the dance, the 1st couple finish in third place as usual. The original 4th couple begin the next repetition by dancing up into the reels from fourth place; while, the original 1st couple step straight down the sidelines.

### **WAVERLEY or FERGUS McIVER**

#### **8 X 48 J: 3 Cpls (4 cpl set)**

*Button and Whittaker, Book 15*

- 1- 8 1st woman, followed by 2nd and 3rd women, cross above 1st man; and dance down behind 1st, 2nd and 3rd men; then cross, below 3rd man, to the women's side; and dance up to their original place.
- 9-16 1st, 2nd and 3rd men dance round the three women, similarly.
- 17-24 1st man with 2nd man and 1st woman with 2nd woman, *facing each other* on the sides, set; then change places, right hand; and set; then change places, left hand. On bar 24, as 1st man and 2nd woman make their polite turns, 2nd woman help 1st woman and 1st man help 2nd man, into position ready for:
- 25-32 1st and 2nd couples dance a poussette. On bars 31-32, 1st man retaining partner's left hand in his right hand, 1st couple, setting, turn outwards, to back to back, in the middle, *facing their own side*.
- 33-40 2nd, 1st and 3rd couples dance double triangles. On bars 39-40, 1st man make a full turn, right about, to join nearer hands with his partner, who has turned, halfway, to finish above him, both *facing the women's side*.
- 41-44 1st couple dance (nearer hands) out between 2nd and 3rd women; then 1st woman cast up and 1st man cast *down to* meet in the middle, nearer hands joined.
- 45-48 1st couple dance out between 2nd and 3rd men; then cast *as before*.  
Finish: 1st couple in second place on their own side.

### **SALUTE TO THE BORDERS**

#### **8 X 32 S: 3 Cpls (4 cpl set)**

*Ann Dix, Three Hands Across*

- 1- 4 1st couple set; then turn, right hand, once round.  
Finish: 1st couple, in the middle, *face*

*down.*

- 5- 8 1st couple lead (right hand) down between 3rd couple; then cast *up* to second place on their own side.  
2nd couple step up, bars 7-8.
- 9-16 1st couple, with 2nd and 3rd couples, dance diagonal half rights and lefts, *twice*.  
To begin: 1st woman dance diagonally up and 1st man dance diagonally down, *each time*.
- 9-10 1st couple change place, right hand, with the person in their First Corner's place:  
1st woman with 2nd man and 1st man with 3rd woman.
- 11-12 Change place, left hand, on the sides:  
1st woman with 3rd woman and 1st man with 2nd man.  
On bar 12, 3rd woman and 2nd man dance polite turns.  
(First Corners are now in their opposite corner place.)
- 13-14 1st couple change place, right hand, with the person in their partner's Second Corner's place:  
1st woman with 2nd woman and 1st man with 3rd man.
- 15-16 Change place, left hand, on the sides:  
1st woman with 3rd man and 1st man with 2nd woman.  
(Second Corners are now in their opposite corner place.)  
On bar 16, 1st couple dance polite turns.  
Finish in the order 3, 1, 2 with 3rd and 2nd couples on their opposite side.
- 17-20 3rd, 1st and 2nd couples dance set and link for three.
- 21-24 1st man with 2nd couple and 1st woman with 3rd couple dance set and link for three.  
Finish in the order 2, 1, 3 with 1st couple on their opposite side.
- 25-28 1st couple dance a half figure of eight up round 2nd couple.  
Finish: 1st couple in second place on their own side.
- 29-32 2nd, 1st and 3rd couples turn their partner, both hands, once round.

### **\* THE HIGHLANDMAN'S UMBRELLA**

#### **4 X 32 R: 4 Cpls (Square Set)**

*Anna Holden, (Glasgow) Diamond Jubilee*

- 1- 4 All 4 couples, in promenade hold, advance (2 bars) and retire (2 bars).
- 5- 8 All 4 women cast (pull right shoulder back) and dance round, one place, clockwise.
- 9-12 All 4 couples, in promenade hold with their new partner, advance (2 bars) and retire (2

- bars).
- 13-16 All 4 men cast (pull left shoulder back) and dance round, one place, counter-clockwise.
- 17-18 All set to their new partner.
- 19-20 1st and 3rd men (= on the sides) change place, left hand.
- 21-22 2nd and 4th men change place, left hand.
- 23-24 All set to their original partner.
- 25-32 All dance eight hands round and back.

## INTERVAL

### \* B THE WILD GEESE

#### 8 X 32 J: 3 Cpls (4 cpl set)

*Book 24*

- 1- 2 1st and 3rd couples, setting, advance into the middle (women on their partner's right).
- 3- 4 1st and 3rd couples join hands and set.
- 5- 6 1st and 3rd couples turn partner, right hand.  
Finish in the centre: 1st and 3rd couples *face up*.
- 7- 8 1st couple cast *off* to third place on their own side; while, 3rd couple lead up to top place on their own side.
- 9-16 3rd and 1st couples dance bars 1-8, but 1st couple dance as 3rd couple did and 3rd couple dance as 1st couple did.  
Finish: all in their original place.
- 17-24 1st couple lead down the middle and up to second place.  
2nd couple step up, bars 19-20.
- 25-32 2nd and 1st couples dance rights and lefts.

### THE SHORES OF SOLWAY

#### 8 X 32 S: 3 Cpls (4 cpl set)

*Roy Goldring, 10 Social Dances*

- 1- 4 1st couple dance in towards each other; then cast *off* to third place on their own side.  
2nd and 3rd couples, nearer hands joined, step up, bars 3-4.
- 5- 8 2nd couple dance in towards each other; then cast *off* to third place on their own side.  
3rd and 1st couples, nearer hands joined, step up, bars 7-8.
- 9-16 3rd, 1st and 2nd couples dance the Knot.  
Finish: 1st couple *face their First Corner*.
- 17-20 1st couple set to their First Corner; then dance round each other, right shoulder.  
Finish: 1st couple *face their Second Corner*.
- 21-24 1st couple set to their Second Corner; then dance round each other, right shoulder.  
Finish: 1st couple in second place on their

own side.

- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

### \* POLHARROW BURN

#### 5 X 32 R: 5 Cpls (5 cpl set)

*Hugh Foss, Three dances by Hugh Foss*

- 1- 4 1st and 3rd couples cross over, right hand with their partner; then cast *off* one place.  
2nd and 4th couples step up, bars 3-4.
- 5- 8 Half figures of eight: 1st couple up round 2nd couple and 3rd couple up round 4th couple.
- 9-16 1st and 3rd couples turn their partner, right hand, once round to their own side; then turn their partner, left hand, to *face their First Corner's place*.  
At the same time, 2nd couple cross over, right hand; then 2nd man, followed by his partner (who turns right about), dance down behind the women's line and across at the bottom to fifth place on their own side.  
Similarly, 5th couple cross over, right hand; then 5th woman, followed by her partner (who turns right about), dance up behind the men's line and across to first place on their own side.
- 17-20 1st and 3rd couples dance a half reel of four with the dancers in their First Corner's place.  
At the end, 1st and 3rd couples pass their partner, left shoulder, to *face their Second Corner's place*.
- 21-24 1st and 3rd couples dance a half reel of four with the dancers in their Second Corner's place.  
At the end, 1st and 3rd couples pass their partner, left shoulder, to *face their partner's First Corner's place*.
- 25-28 1st and 3rd couples dance a half reel of four with the dancers in their partner's First Corner's place.  
At the end, 1st and 3rd couples pass their partner, left shoulder, to second and fourth place, respectively, on their own side.  
The order is now 2, 1, 4, 3, 5.
- 29-32 1st and 3rd couples turn, left hand; then cast *off* one place on their own side.  
4th and 5th couples step up, bars 31-32.  
Finish in the order 2, 4, 1, 5, 3.

### FAIRLY SHOT O' HER

#### 8 X 32 J: 3 Cpls (4 cpl set)

*Book 26*

- 1- 4 1st couple turn, right hand; then cast *off* one place on their own side.  
2nd couple step up, bars 3-4.
- 5- 8 1st couple turn, left hand, 1¼ times.  
Finish: 1st woman between 2nd couple, all *facing down*, and 1st man between 3rd

- couple, all *facing up*.
- 9-12 1st woman with 2nd couple and 1st man with 3rd couple set, **twice**.
- 13-16 1st couple turn, right hand, 1¼ times. Finish: 1st couple in second place on their own side.
- 17-20 2nd, 1st and 3rd couples set; then cross, right hand.
- 21-22 2nd, 1st and 3rd couples set.
- 23-24 2nd and 3rd couples cross, left hand; while, 1st couple turn, left hand, to *face their First Corner*.
- 25-28 1st couple set to their First Corner; then to their Second Corner. On bar 28, 1st couple pull right shoulder back to finish between their corners.
- 29-32 1st couple turn, right hand, 1½ times to second place on their own side.

**\* THE BANKS OF CLYDE**

**8 X 32 S: 3 Cpls (4 cpl set)**

*Miss Milligan's Miscellany*

- 1- 4 1st couple, followed by 2nd and 3rd couples, dance in to acknowledge their partner; then cast *off*, and dance down to third place on their own side.
- 5- 8 All cross, right hand, and dance up to their own place, on their opposite side (women outside the line of men and men inside the line of women).
- 9-12 Joining hands on the sidelines, all advance (2 bars) and retire (2 bars).
- 13-16 All cross, right hand; then set.
- 17-24 1st couple lead down the middle and up. Finish in the centre: 1st couple, nearer hands joined, *face down*. On bar 24, 2nd cpl step in and *face up*.
- 25-32 1st and 2nd couples dance a rondel.
- 25 1st couple dance down under the arch made by 2nd couple, who dance up.
- 26-27 2nd and 1st women cross in front of their partner and all cast *to meet* the other woman or man on their opposite side and join nearer hands.
- 28 2nd woman with 1st woman and 2nd man with 1st man cross to their own side (the women pass under the arch made by the men).
- 29-30 1st man and 1st woman cross in front of 2nd man and 2nd woman; and all cast *to meet* their partner in places as at bar 24.
- 31-32 1st couple dance under the arch made by 2nd couple and all dance straight out to their own side.

**MAXWELL'S RANT 8 X 32 R: 3 Cpls (4 cpl set)**

*David Rutherford, Book 18*

- 1- 8 1st couple cross (no hands) through

second place on their opposite side to dance reels of three with 2nd and 3rd couples. To begin: 2nd couple dance out and up and 3rd couple dance in and up. Finish: 1st couple in their partner's original place.

- 9-16 1st couple cross (no hands) through second place on their own side to dance reels of three with 2nd and 3rd couples. To begin: 2nd couple dance out and up and 3rd couple dance in and up. Finish: 1st couple in their original place.
- 17-20 1st couple cross, right hand; then cast *off* one place. 2nd couple step up, bars 19-20.
- 21-24 1st couple dance a half figure of eight up round 2nd couple.
- 25-28 1st couple lead (right hand) down between 3rd couple; then cast *up* into second place, on their own side.
- 29-32 2nd, 1st and 3rd couples turn their partner, right hand, once round.

**EXTRA**

**SHIFTIN' BOBBINS 8 X 32 R: 3 Cpls (4 cpl set)**

*Roy Clowes, Ormskirk Book 6*

- 1- 2 1st couple cross down, right hand, to finish back to back *facing second place* on their opposite side; while, 2nd couple step up.
- 3- 4 Giving hands as in double triangles, 2nd, 1st, and 3rd couples set.
- 5- 8 1st couple dance out on their opposite side and cast *up*; then meet and, taking nearer hands, dance down the middle to second place.
- 9-12 1st woman with 2nd and 3rd men dance right hands across, once round; while, 1st man with 2nd and 3rd women dance left hands across, once round.
- 13-16 1st couple meet and, taking nearer hands, dance down the middle, followed by 2nd and 3rd couples.
- 17-20 All turn about and 3rd couple, followed by 2nd and 1st couples, dance up the middle. On bars 19-20, 3rd couple cast *off* to their original place.
- 21-24 1st woman with 2nd and 3rd men dance left hands across, once round; while, 1st man with 2nd and 3rd women dance right hands across, once round. Finish: 1st couple, in the centre, *face up*.
- 25-28 1st couple, taking nearer hands, dance up; then cast *off* to second place on their opposite side.
- 29-32 1st couple dance a half figure of eight around 2nd couple. Finish: 1st couple in second place on their own side.