

Dance Instructions for March Monthly Dance • 21 March 2020

Time: 7:30 p.m. (starts promptly)
Place: Crescent School (Upper Gym)
Cost: Adult: Member \$27; non-Member \$32
Young Adult Members (18-34 yrs) \$10
Youth (under 18 yrs) / Spectator \$5
Beginner (in December and March) \$10
Music: Scotch Mist
Host: ASTA • St Clement's • Woodglen

All Dances will be briefed and walked.

CABBAGES AND KINGS

8 X 32 J: 3 Cpls (4 cpl set)

Romaine Butterfield, Harbour City

- 1- 8 1st and 2nd couples dance rights and lefts.
9-16 1st couple lead (right hand) down the middle (3 bars); then lead up (3 bars); and cast *off* one place on their own side. 2nd couple step up, bars 15-16.
17-20 1st couple turn their First Corner, right hand, once round.
Finish: 1st couple in second place on their own side.
21-24 1st couple turn their Second Corner, left hand, once round.
Finish: 1st couple in second place on their own side.
25-28 1st man with 3rd couple and 1st woman with 2nd couple dance right hands across.
29-32 1st man with 2nd couple and 1st woman with 3rd couple dance left hands across.

WISP OF THISTLE 8 X 32 S: 3 Cpls (4 cpl set)

Pat Kent, Book 37

- 1- 4 1st and 3rd couples dance a "Petronella" turn into the centre (men *face up and* women *face down*; 1st man and 3rd woman are back to back); then set to their partner.
5- 8 1st and 3rd couples dance a half reel of four up and down the middle.
9-10 3rd and 1st couples dance a "Petronella" turn to their own side (3rd couple into first place and 1st couple into third place).
11-12 3rd, 2nd and 1st couples, joining nearer hands on the sides, set.
13-16 3rd, 2nd and 1st couples turn their partner, right hand, to finish ready for:
17-24 3rd, 2nd and 1st couples dance an allemande.
25-28 1st couple cross, right hand; then cast *off* one place.
2nd couple step up, bars 27-28.
29-32 1st couple dance a half figure of eight up round 2nd couple.

The second time through, in bars 31-32, 1st couple dance down to fourth place; while, 4th couple step up to third place.

LOCH NESS MONSTER REEL

8 X 32 R: 3 Cpls (4 cpl set)

Sue Petyt, Lochmaben Collection 3

- 1- 2 1st couple set.
3-14 1st woman, followed by her partner, cast behind 2nd woman and dance across the set; then dance down behind 3rd man and across the set; then dance up behind 3rd woman and across the set; then dance up behind 2nd man and across the set to her original place.
Finish: 1st man in his original place.
15-16 1st, 2nd and 3rd couples, nearer hands joined on the sides, set.
17-24 1st, 2nd and 3rd couples dance reels of three on the side.
To begin: 1st couple pass 2nd couple, right shoulder.
25-32 1st couple set; and lead (right hand) down the middle (2 bars); then turn, right hand, once round; and cast *up* behind the 3rd couple into second place on their own side. 2nd couple step up, bars 31-32.

ST. ANDREW'S FAIR 8 X 32 J: 3 Cpls (4 cpl set)

Roy Goldring, Five For 1982

- 1- 8 1st couple cross, right hand; and cast *off* two places; then cross, left hand, below 3rd couple; and cast *up* to second place, on their own side.
2nd couple step up, bars 3-4.
9-12 2nd, 1st and 3rd couples turn their partner, right hand, ½-way round (women *face up and* men *face down*); then, retaining hold of hands, all three couples set.
13-16 2nd woman, followed by 1st and 3rd women, dance (clockwise) across the set, then down their own sideline.
Similarly, 3rd man, followed by 1st and 2nd men, dance (clockwise) across the set, then up their own sideline. (Order is now 3, 1, 2).
17-24 3rd, 1st and 2nd couples dance six hands round and back.
25-28 3rd, 1st and 2nd couples turn their partner, left hand, ½-way round (women *face down and* men *face up*); then, retaining hold of hands, all three couples set.
29-32 2nd woman, followed by 1st and 3rd women, dance (counter-clockwise) across the set, then up their own sideline.
Similarly, 3rd man, followed by 1st and 2nd

men, dance (counter-clockwise) across the set, then down their own sideline.
Finish in the order 2, 1, 3.

A MAN'S A MAN FOR A' THAT

8 X 32 S: 3 Cpls (4 cpl set)

Thomas Wilson, *Book 30*

- 1- 8 1st and 2nd couples set, *twice*; then dance right hands across, once round.
- 9-10 1st couple lead (right hand) down the middle.
- 11-12 1st couple, retaining right hand, turn ½-way:
1st woman, still moving down the middle, cross below and in front of her partner and curve round to *face up*; while, 1st man cross above her (bar 11), and turn to *face up* (bar 12).
At the same time, 2nd couple step up.
- 13-14 1st couple lead (right hand) up the middle.
Finish: 1st couple, back to back between 2nd couple, *face their opposite side*.
- 15-16 1st couple set to 2nd couple:
1st man take a long step (bar 15) and a shorter step (bar 16); while, 1st woman take a short step (bar 15) and a longer step (bar 16).
Finish: 1st couple, back to back, *face their First Corner*.
- 17-24 1st couple turn their First Corner, right hand; and their partner, left hand; then their Second Corner, right hand; and, giving left hand to their partner, cross to second place on their own side and (1st woman omit the polite turn) *face down*.
- 25-32 2nd, 1st and 3rd couples dance a grand chain.
To begin: 2nd couple (at the top) cross, right hand; while 1st and 3rd couples (on the sides) change place, right hand.

FLOWERS OF EDINBURGH

8 X 32 R: 3 Cpls (4 cpl set)

Book 1

- 1- 6 1st woman cast *off* two places; then cross over; and dance up behind 2nd and 3rd men to her partner's original place.
At the same time, 1st man, following his partner, cross over; then dance down behind 2nd and 3rd women; and dance up the middle to his partner's original place.
- 7- 8 1st couple set to each other.
- 9-14 1st man cast *off* two places; then cross over; and dance up behind 2nd and 3rd men to his original place.
At the same time, 1st woman, following her partner, cross over; then dance down behind 2nd and 3rd women; and dance up the middle to her original place.

- 15-16 1st couple set to each other.
- 17-24 1st couple lead (right hand) down the middle and up to the top.
Finish: 1st couple *face each other* in the centre.
On bars 23-24, 2nd couple step in, ready for:
- 25-32 1st and 2nd couples dance a poussette.

INTERVAL

BETHANKIT

8 X 32 J: 3 Cpls (4 cpl set)

Moir Stacey, *Third Graded Book*

- 1- 4 1st couple set; then cast *off* one place.
2nd couple step up, bars 3-4.
- 5- 8 1st couple dance a half figure of eight up round 2nd couple.
- 9-16 Left shoulder reels of three across the set:
1st man (pass 2nd man) with 2nd couple and 1st woman (pass 3rd woman) with 3rd couple.
Finish: 1st couple in second place on their opposite side.
- 17-20 1st couple set; then turn, right hand, ¾-round.
Finish in the middle: 1st couple *face their opposite side*; 1st man above his partner.
- 21-24 1st man with 2nd couple and 1st woman with 3rd couple dance left hands across.
Finish: 1st couple in second place on their own side.
- 25-32 2nd and 1st couples dance rights and lefts.

DELVINE SIDE

8 X 32 S: 3 Cpls (4 cpl set)

William Campbell, *Book 2*

- 1- 4 1st and 2nd couples set; then cross (pass partner, right shoulder) to their opposite side.
- 5- 8 1st and 2nd couples set; then cross (pass partner, right shoulder) to their own side.
Finish: all in their original place.
- 9-16 1st couple lead down the middle and up.
Finish: 1st couple, in the centre, *face up*.
On bar 16, 2nd couple step in.
- 17-24 1st and 2nd couples dance an allemande.
Finish: 1st couple *face their First Corner*.
- 25-32 1st couple turn their First Corner, both hands; dance round partner (pass right shoulder); turn their Second Corner, both hands; and cross (pass partner, right shoulder) to second place, on their own side.

CRAIGLEITH

1 X 88 R: 4 Cpls (SQ set)

Roy Goldring, *Third Graded Book*

- 1- 8 1st and 3rd couples dance rights and lefts.
Finish: 1st and 3rd men *face out*.
- 9-16 1st and 3rd couples dance a ladies' chain.
- 17-32 2nd and 4th couples dance bars 1-16.

- 33-36 All four women advance (2 bars) and retire (2 bars).
- 37-40 All four women dance right hands across, once round.
Finish: all four women, in their original place, *face out*.
- 41-48 All four women dance, clockwise, all the way round the outside of the set.
To begin: the women dance behind their partner.
- 49-52 All four men advance (2 bars) and retire (2 bars).
- 53-56 All four men dance left hands across, once round.
Finish: all four men, in their original place, *face out*.
- 57-64 All four men dance, anti-clockwise, all the way round the outside of the set.
To begin: the men dance behind their partner.
- 65-70 1st and 3rd couples, in promenade hold, dance round the inside of the set to their original place; the men pass each other, left shoulder (6 bars).
- 71-72 1st and 3rd couples, *facing into the centre*, set.
- 73-78 2nd and 4th couples in promenade hold, dance round the inside of the set to their original place; the women pass each other, right shoulder (6 bars).
- 79-80 2nd and 4th couples, *facing into the centre*, set.
- 81-88 All four couples dance eight hands round and back.

LAGGAN BAY **8 X 32 J: 3 Cpls (4 cpl set)**
 Bill Forbes, Craigievar Book 2

- 1- 4 1st couple set; then cast *off* one place.
2nd couple step up, bars 3-4.
- 5- 8 1st woman with 2nd couple and 1st man with 3rd couple dance right hands across, once round.
Finish in the centre in the order 2, 1, 3: all 3 couples, in promenade hold, *face up*.
- 9-16 2nd, 1st and 3rd couples dance a promenade.
- 17-18 1st couple dance a "Petronella" turn.
Finish: 1st woman between 2nd couple (all *face down*) and 1st man between 3rd couple (all *face up*).
- 19-20 2nd, 1st and 3rd couples, nearer hands joined in lines of three across, set.
- 21-22 1st couple dance a "Petronella" turn.
Finish: 1st couple between their corners.
- 23-24 2nd, 1st and 3rd couples, nearer hands joined on the sides, set to their partner.
- 25-30 Reels of three on the sides (6 bar reels):
To begin: 1st couple pass the person on their right (their Second Corner), right

shoulder.

- 31-32 1st couple cross, left hand, to second place on their own side.

THE MINISTER ON THE LOCH

3 X 32 S: 3 Cpls (3 cpl set)
Roy Goldring, Four Dances 2008

- 1- 8 1st and 2nd couples dance a poussette.
- 9-16 1st couple dance down the middle (2 bars); then turn, both hands, once round (2 bars); and dance up (2 bars); then turn, both hands, once round, to finish in the centre, *facing up*.
- 17-24 1st and 3rd couples dance double figures of eight around the standing 2nd couple.
To begin, 1st couple cast *off and* 3rd couple cross up.
Finish: 1st couple, in their original place, *face out*.
- 25-28 1st and 2nd couples change place:
1st and 2nd women turn, right hand, 1½ times; while, 1st and 2nd men turn, left hand, 1½ times.
Finish: 1st couple *face in*.
- 29-32 1st and 3rd couples change place:
1st and 3rd women turn, left hand, 1½ times; while, 1st and 3rd men turn, right hand, 1½ times.

THE DEIL AMANG THE TAILORS

8 X 32 R: 3 Cpls (4 cpl set)
Book 14

- 1- 4 1st and 2nd couples, nearer hands joined, set to their partner; then dance right hands across, ½-way round.
- 5- 8 2nd and 1st couples, nearer hands joined, set; then dance left hands across, ½-way round, to their original place.
- 9-16 1st couple lead (right hand) down the middle and up, and remain in the centre.
On bar 16, 2nd couple step into the centre.
Finish: 1st and 2nd couples ready for:
- 17-24 1st and 2nd couples dance an allemande.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

EXTRA

COME UNDER MY PLAIDIE

5 X 32 J: 2 Cpls (RR)
Irene van Maarseveen, SCDs For Children

The dancers stand in fours round the room, couple facing couple.

Each man has his partner on his right.

- 1- 4 All turn their opposite partner, right hand.
At the end, the men pull their right shoulder back to *face their own partner*.
- 5- 8 All turn their own partner, left hand.

Finish: all, in promenade hold, *face counter-clockwise*; men on the inside and women on the outside.

- 9-16 In each pair of couples, both couples promenade once round to their original place.
- 17-24 All dance a ladies' chain.
- 25-28 All, joining nearer hands with their partner, advance (2 bars) and retire (2 bars).
- 29-32 All advance three skip change of step, passing their opposite partner, right shoulder; then retire one skip change of step.