

# Dance Instructions for The Tartan Ball • 15 February 2020

**Time:** 6:00 p.m.  
**Place:** The Brûlé Ballrooms of The Old Mill  
**Music:** Scotch Mist  
**Host:** RSCDS Toronto Scottish Dance Association

## **EH3 7AF**      **8 X 32 J: 3 Cpls (4 cpl set)** *Roy Goldring, Book 40*

- 1- 8 1st couple lead down the middle and up.  
Finish: 1st couple, in the centre, *face up*.  
On bar 8, 2nd and 3rd couples step in,  
ready for:
- 9-16 1st, 2nd and 3rd couples dance a  
promenade.  
On bars 15-16, 1st couple cast *off* to  
second place; while, 2nd couple dance up  
to first place and 3rd couple return to their  
original place.
- 17-20 1st couple pass each other, right shoulder  
(no hands) to cross to their opposite side;  
then turn their First Corner, right hand.  
Finish: 1st woman *face down* between 2nd  
couple and 1st man *face up*, between 3rd  
couple.
- 21-24 1st couple pass each other, right shoulder  
(no hands), up and down the middle; then  
turn their Second Corner, right hand.  
Finish: 1st couple in second place on their  
opposite side.
- 25-28 Right hands across, in the centre: 1st man  
with 2nd couple and 1st woman with 3rd  
couple.
- 29-32 1st woman cross up between 2nd couple  
and cast *off* to second place, on her own  
side; while, 1st man cross down between  
3rd couple and cast *up* to second place, on  
his own side.

## **THE CABRACH**      **8 X 32 S: 3 Cpls (4 cpl set)** *Roy Goldring, 24 Graded & Social Dances*

- 1- 4 1st couple dance in slightly; then cast *off*  
to third place.  
2nd and 3rd couples, nearer hands joined,  
step up, bars 3-4.
- 5- 8 2nd couple dance in slightly; then cast *off*  
to third place.  
3rd and 1st couples, nearer hands joined,  
step up, bars 7-8. (The order is now 3, 1,  
2.)
- 9-12 3rd, 1st and 2nd couples set; then cross  
over, right hand.
- 13-16 3rd, 1st and 2nd couples set; then turn  
partner, right hand, ½-way round.  
Finish in the centre: all *face up*, ready for:
- 17-24 3rd, 1st and 2nd couples dance an  
allemande.

- 25-32 2nd, 1st and 3rd couples dance six hands  
round and back.

## **THE HIGHLANDMAN'S UMBRELLA** **4 X 32 R: 4 Cpls (Square Set)**

*Anna Holden, (Glasgow) Diamond Jubilee*

- 1- 4 All 4 couples, in promenade hold, advance  
(2 bars) and retire (2 bars).
- 5- 8 All 4 women cast (pull right shoulder back)  
and dance round behind their partner, one  
place, clockwise.
- 9-12 All 4 couples, in promenade hold with their  
new partner, advance (2 bars) and retire (2  
bars).
- 13-16 All 4 men cast (pull left shoulder back) and  
dance round behind their partner, one  
place, counter-clockwise.
- 17-18 All set to their new partner.
- 19-20 1st and 3rd men (= on the sides) change  
place, left hand.
- 21-22 2nd and 4th men change place, left hand.
- 23-24 All set to their original partner.
- 25-32 All dance eight hands round and back.

## **CITY LIGHTS**      **8 X 32 J: 3 Cpls (4 cpl set)** *Nicola Scott, Book 52*

- 1- 4 1st couple turn, right hand, once round;  
then cast *off* one place, on their own side.  
2nd couple step up, bars 3-4.
- 5- 8 1st couple turn, left hand, 1¼ times, to *face*  
*their First Corner*.
- 9-12 1st couple dance out and curve to their  
right, passing through their First Corner's  
place and into the middle.  
9-10 First Corners dance in, passing 1st  
couple, right shoulder.  
11-12 Allemande turn: giving right hands,  
3rd woman dance under 2nd man's  
arm and curve out to place, while  
2nd man retire.
- 13-16 All four corners chase clockwise, halfway;  
while, 1st couple turn, left hand, 1¼ times.  
Finish in the middle: 1st couple *face their*  
*Second Corner's place* (1st woman *face 2nd*  
*woman* and 1st man *face 3rd man*).
- 17-20 1st couple dance out and curve to their  
right, passing through their Second Corner's  
place and into the middle.  
17-18 Second Corners dance in, passing 1st  
couple, right shoulder.  
19-20 Allemande turn: giving right hands,  
2nd woman dance under 3rd man's  
arm and curve out to place, while  
3rd man retire.
- 21-24 All four corners chase clockwise, halfway;

while, 1st couple turn, left hand, 1¼ times.

Finish: 1st couple in the middle, left shoulder to left shoulder, *face their opposite side*.

25-28 1st woman with 2nd couple and 1st man with 3rd couple dance right hands across.  
Finish: all on their own side in the order 2, 1, 3.

29-32 All three couples turn their partner, right hand, once round; or birl.

## **GANG THE SAME GATE**

### **8 X 32 S: 3 Cpls (4 cpl set)**

*Milton Levy, Book 36*

1- 4 1st couple cross over, right hand; then cast *off* to third place.  
2nd and 3rd couples, nearer hands joined, step up, bars 3-4.

5- 8 1st couple cross back to their own side, right hand; then cast *up* to second place.  
3rd couple step down, bars 7-8.

9-10 1st couple set to each other, advancing.  
Finish: 1st couple, back to back, *face their First Corner*.

11-12 1st couple turn their First Corner, both hands.  
Finish: 1st couple *face their Second Corner*.

13-16 1st couple dance a half reel of four with their Second Corners.  
At the end, 1st couple pass each other, left shoulder, and curve round, pulling right shoulder back.  
Finish: 1st man, at top place in the centre, *face down and* 1st woman, at third place in the centre, *face up*.

17-18 1st couple set to each other, advancing.  
Finish: 1st couple, back to back, *face their Second Corner* (in their partner's second corner's place).

19-20 1st couple turn their Second Corner, both hands.  
Finish: 1st couple *face their First Corner* (still in their original first corner place).

21-24 1st couple dance a half reel of four with their First Corners.  
At the end, 1st couple curve round into second place on their opposite side.  
All are now on their opposite side.

25-32 3rd, 1st and 2nd couples dance set and link, **twice**.

25-26 3rd, 1st and 2nd couples, nearer hands joined, set.

27-28 3rd, 1st and 2nd couples dance "link for three":  
Dancer at the left end of each line dance through the centre to the right end of their line and curve round into place.

At the same time, dancer in the middle of each line cast *clockwise* to the middle of the new line (which will be across the set).

Meanwhile, dancer at the right end of each line cast *clockwise* to the left end of their line.

29-30 2nd, 1st and 3rd couples dance bars 25-26.

31-32 2nd, 1st and 3rd couples dance bars 27-28.

Finish: all on their own side in the order 2, 1, 3.

## **STARLIGHT**

### **8 X 32 R: 3 Cpls (4 cpl set)**

*Ed Abdill, Book 44*

1- 4 1st couple cross over, right hand; then cast *off* one place.  
2nd couple step up, bars 3-4.

5- 6 1st couple set, advancing, and pull right shoulder back.  
Finish: 1st couple, back to back in the middle, *face their opposite side*.

7- 8 2nd, 1st and 3rd couples set as in double triangles.

9-12 1st couple dance out and cast *to the right* round their First Corner.  
Finish: 1st woman *face down* between 2nd couple and 1st man *face up* between 3rd couple.

Meanwhile, 2nd and 3rd couples diagonally advance (2 bars) and retire (2 bars).

13-14 1st couple set, advancing, and pull right shoulder back.  
Finish: 1st couple back to back in the middle: 1st woman *face 2nd couple and* 1st man *face 3rd couple*.

15-16 2nd, 1st and 3rd couples, *facing up and down*, set as in double triangles.

17-20 1st woman dance up between 2nd couple and cast *off* to second place, on her own side; while, 1st man dance down between 3rd couple and cast *up* to second place, on his own side.

Meanwhile, 2nd and 3rd couples diagonally advance (2 bars) and retire (2 bars).

21-24 Right hands across: 1st woman with 2nd couple and 1st man with 3rd couple.  
Finish: 1st couple *face their First Corner*.

25-32 1st couple set to corners and partner ("Hello-Goodbye" setting).  
On bars 31-32, 1st couple dance a "Petronella" turn into second place, on their own side.

## **INTERVAL**

## THE EDINBURGH TOY SHOP

### 8 X 32 J: 3 Cpls (4 cpl set)

Ethan Bailey, *Book 51*

- 1- 6 1st couple set; then dance (nearer hands) two places down the middle; and cast *up* round 3rd couple.  
Finish: 1st couple in second place on their own side.  
2nd couple step up, bars 3-4.
- 7- 8 2nd, 1st and 3rd couples, joining hands on the sides, set.
- 9-12 Half figures of eight: 1st woman dance up round 2nd couple and 1st man dance down round 3rd couple.  
Finish: 1st couple in second place on their opposite side.
- 13-16 2nd, 1st and 3rd couples, joining hands on the sides, set; then 1st couple turn, left hand, to *face their First Corner*.
- 17-24 1st couple turn their First Corner, right hand; then pass their partner, right shoulder; and turn their Second Corner, right hand; then pass each other, right shoulder, to cross to second place on their own side.  
Corners dance for 2 bars.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

## ICE CRYSTALS 8 X 32 S: 3 Cpls (4 cpl set)

John de Chastelin, *25 Dances For 25 Years*

- 1- 4 1st couple set; then cast *off* one place.  
2nd couple step up, bars 3 and 4.
- 5- 8 1st couple dance a half reel of four with their First Corners; then, pass each other, left shoulder.  
Finish: 1st couple *face their Second Corner*.
- 9-12 1st couple dance a half reel of four with their Second Corners.  
At the end, 1st couple curve slowly around their Second Corner into second place on their opposite side.
- 13-16 3rd, 1st and 2nd couples turn their partner, both hands, 1½ times.  
Finish: all on their own side in the order 3, 1, 2.
- 17-20 3rd and 1st couples set; then dance right hands across, halfway.
- 21-24 3rd and 2nd couples set; then dance left hands across, halfway.  
Finish in the order 1, 2, 3; 1st and 2nd couples are on their opposite side.
- 25-28 1st woman and 2nd man dance back to back.  
Meanwhile, 2nd woman and 1st man change place:  
2nd woman dance up one place and cross over; while, 1st man dance down one place and cross over.

- 29-32 2nd woman and 1st man dance back to back.  
Meanwhile, 1st woman and 2nd man change place:  
1st woman cross over and dance down one place; while 2nd man cross over and dance up one place.  
Finish: all on their own side in the order 2, 1, 3.

## POLHARROW BURN 5 X 32 R: 5 Cpls (5 cpl set)

Hugh Foss, *Three dances by Hugh Foss*

- 1- 4 1st and 3rd couples cross over, right hand with their partner; then cast *off* one place.  
2nd and 4th couples step up, bars 3-4.
- 5- 8 Half figures of eight: 1st couple up round 2nd couple and 3rd couple up round 4th couple.
- 9-16 1st and 3rd couples turn their partner, right hand, once round to their own side; then turn their partner, left hand, to *face their First Corner's place*.  
At the same time, 2nd couple cross over, right hand; then 2nd man, followed by his partner (who turns right about), dance down behind the women's line and across at the bottom to fifth place on their own side.  
Similarly, 5th couple cross over, right hand; then 5th woman, followed by her partner (who turns right about), dance up behind the men's line and across to first place on their own side.
- 17-20 1st and 3rd couples dance a half reel of four with the dancers in their First Corner's place.  
At the end, 1st and 3rd couples pass their partner, left shoulder, to *face their Second Corner's place*.
- 21-24 1st and 3rd couples dance a half reel of four with the dancers in their Second Corner's place.  
At the end, 1st and 3rd couples pass their partner, left shoulder, to *face their partner's First Corner's place*.
- 25-28 1st and 3rd couples dance a half reel of four with the dancers in their partner's First Corner's place.  
At the end, 1st and 3rd couples pass their partner, left shoulder, to second and fourth place, respectively, on their own side.  
The order is now 2, 1, 4, 3, 5.
- 29-32 1st and 3rd couples turn, left hand; then cast *off* one place on their own side.  
4th and 5th couples step up, bars 31-32.  
Finish in the order 2, 4, 1, 5, 3.

## GREEN GROW THE RASHES

### 8 X 32 S: 3 Cpls (4 cpl set)

Johnson, *Book 12*

- 1- 8 1st, 2nd and 3rd couples dance reels of

three on their own side.

To begin, 1st and 2nd couples pass, right shoulder.

- 9-12 1st couple set (advancing on the second step); then turn, both hands, once round, to *face down*.
- 13-16 1st woman with 2nd woman and 1st man with 2nd man set; then turn, both hands, 1½ times, to change place.
- 17-20 1st man dance three hands round to the left with 3rd couple.  
Finish: 3rd couple in third place on their opposite side; while 1st man cast *up* to second place, on his own side.  
In bars 17-20, break the circle in time to allow 3rd man to dance out to his partner's place and 1st man and 3rd woman to dance round to the men's side to finish with 1st man in second place and 3rd woman in her partner's place.
- 21-24 1st woman dance three hands round to the right with 3rd couple.  
Finish: 3rd couple in their own original place; while, 1st woman cast *up* to second place.  
In bars 21-24, break the circle in time to allow 3rd man to dance out to his own place and 1st woman and 3rd woman to dance round to the women's side to finish with 1st woman in second place and 3rd woman in her own place.
- 25-32 1st couple set; then dance (nearer hands) up to the top; and cast *off* one place; then turn, right hand, once round, to second place, on their own side.

### THE INIMITABLE DEREK

#### 8 X 32 R: 3 Cpls (4 cpl set)

*Roy Goldring, Three Dances 2006*

- 1- 4 1st woman with 2nd woman, left hand, and 1st man with 2nd man, right hand, turn 1¼ times.  
Finish: in a line across the set (between first and second place) with 1st couple back to back in the middle.
- 5- 6 1st and 2nd couples set.
- 7- 8 1st woman with 2nd women, right hand, and 1st man with 2nd man, left hand, turn ¾-round.  
Finish: 1st couple in second place and 2nd couple, in first place, *face out*.
- 9-16 Right shoulder reels of three on the sides.  
To begin: 1st woman pass 2nd woman (partner's Second Corner) and 1st man pass 3rd man (partner's Second Corner).  
13-14 1st woman cross down to third place on her opposite side and 1st man cross up to first place on his opposite side.

- 15-16 1st woman with 3rd man (her Second Corner) and 1st man with 2nd woman (his Second Corner) turn, right hand.

Finish: 1st cpl and their Second Corners in balance in line position; while, 2nd man and 3rd woman (First Corners) curve into place.

- 17-18 1st couple and their Second Corners balance in line.
- 19-20 1st couple turn, left hand, to finish in balance in line position with their First Corners.
- 21-22 1st couple and their First Corners balance in line.
- 23-24 1st couple turn, left hand, to finish side by side in the middle of the set: 1st woman *face up* and 1st man *face down*.
- 25-28 1st woman with 2nd and 3rd women and 1st man with 2nd and 3rd men dance right hands across once round.  
Finish: 1st woman *face up* and 1st man *face down*.
- 29-32 1st woman dance up to the top and cast *off* round 2nd woman; while, 1st man dance down and cast *up* round 3rd man.  
Finish: 1st couple in second place, on their own side.

### INTERVAL

#### THE WILD GEESE 8 X 32 J: 3 Cpls (4 cpl set)

*Book 24*

- 1- 2 1st and 3rd couples, setting, advance into the middle (women on their partner's right).
- 3- 4 1st and 3rd couples join nearer hands and set.
- 5- 6 1st and 3rd couples turn their partner, right hand.  
Finish in the centre: 1st and 3rd couples *face up*.
- 7- 8 1st couple cast *off* to third place on their own side; while, 3rd couple lead up to top place on their own side.
- 9-10 3rd and 1st couples, setting, advance into the middle (women on their partner's right).
- 11-12 3rd and 1st couples join nearer hands and set.
- 13-14 3rd and 1st couples turn their partner, right hand.  
Finish in the centre: 3rd and 1st couples *face up*.
- 15-16 3rd couple cast *off* to their original place; while, 1st couple lead up to their original place.
- 17-24 1st couple lead down the middle and up to second place.  
2nd couple step up, bars 19-20.
- 25-32 2nd and 1st couples dance rights and lefts.

## THE ORCHARDS OF CO. ARMAGH

### 3 X 32 S: 3 Cpls (3 cpl set)

*Jinty Anderson, Belfast Platinum Dances*

- 1- 6 All 3 couples chase clockwise, in a rectangular shape, halfway round to finish on their opposite side (4 bars); then set.
- 7- 8 3rd and 1st couples turn, right hand,  $\frac{3}{4}$ -round.  
Finish: 3rd and 1st couples in a line up and down the middle; men *face down*.
- 9-12 3rd and 1st couples dance a half reel of four.  
At the end, 1st man and 3rd woman pass, left shoulder, to *face 2nd couple* across the set: 1st man *face 2nd man* and 3rd woman *face 2nd woman*.  
Meanwhile, 1st woman (at the top) and 3rd man (at the bottom) remain in the middle for the next 4 bars.
- 13-16 1st man, 3rd woman and 2nd couple dance a half reel of four across the set.  
At the end, 1st man and 3rd woman pass, left shoulder, to *face their partner* up and down the middle.
- 17-20 1st and 3rd couples dance a half reel of four.  
At the end, 1st man and 3rd woman pass, left shoulder, to *face their own partner*.
- 21-24 3rd and 1st couples set to their partner; then dance a "Petronella" turn.  
Finish on their own side in the order 3, 2, 1.
- 25-28 2nd couple, followed by 1st couple, dance up to the top; then cast *off* round 3rd couple.  
Finish: 2nd couple in third place and 1st couple in second place.
- 29-32 All 3 couples turn their partner, both hands, once round.  
Finish in the order 3, 1, 2.

## OVER THE WATER TO CHARLIE (NEW WAY)

### 8 X 32 J: 3 Cpls (4 cpl set)

*Book 34*

- 1- 8 1st couple set; then cast *off* one place; and dance down, nearer hands joined, between 3rd couple; then divide and cast *up* to second place.  
2nd couple step up, bars 3-4.
- 9-12 2nd and 1st couples dance right hands across, halfway, and remain in the centre; then join right hand with their partner and cross to their original place.
- 13-14 1st and 2nd couples dance left hands across, halfway, and remain in the centre.
- 15-16 Joining left hand with their partner: 1st couple turn to *face their First Corner*; while, 2nd couple cross to top place, on their own side.
- 17-24 1st couple set to and, still setting, turn

their corners (both hands).

Finish: 1st couple *face their First Corner*.

- 25-30 1st couple and their corners dance (6 bar) reels of three on the side.  
To begin, 1st couple pass their First Corner, left shoulder.
- 31-32 1st couple cross, right hand, to second place, on their own side.

## THE BANKS OF CLYDE

### 8 X 32 S: 3 Cpls (4 cpl set)

*Miss Milligan's Miscellany*

- 1- 4 1st couple, followed by 2nd and 3rd couples, dance in to acknowledge their partner; then cast *off*, and dance down to third place on their own side.
- 5- 8 All cross, right hand with partner, and dance up to their own place, on their opposite side (women outside the line of men and men inside the line of women).
- 9-12 Joining hands on the sidelines, all advance (2 bars) and retire (2 bars).
- 13-16 All cross, right hand; then set.
- 17-24 1st couple lead down the middle and up.  
Finish in the centre: 1st couple, nearer hands joined, *face down*.  
On bar 24, 2nd cpl step in and *face up*.
- 25-32 1st and 2nd couples dance a rondel.
- 25 1st couple dance down under the arch made by 2nd couple, who dance up.
- 26-27 2nd and 1st women cross in front of their partner and all cast *to meet* the other woman or man on their opposite side and join nearer hands.
- 28 2nd woman with 1st woman and 2nd man with 1st man cross to their own side (the women pass under the arch made by the men).
- 29-30 1st man and 1st woman cross in front of 2nd man and 2nd woman; and all cast *to meet* their partner in places as at bar 24.
- 31-32 1st couple dance under the arch made by 2nd couple and all dance straight out to their own side.

## THE REEL OF THE ROYAL SCOTS

### 8 X 32 R: 3 Cpls (4 cpl set)

*Roy Goldring, RSCDS Leaflet*

- 1- 2 1st and 2nd women turn, left hand, and 1st and 2nd men turn, right hand, to change place.  
Finish: 1st couple, in the centre, back to back.
- 3- 4 2nd, 1st, and 3rd couples, taking hands as in double triangles, set.
- 5- 6 1st and 3rd women turn, right hand, and 1st and 3rd men turn, left hand, to change place.

- Finish: 3rd couple, in the centre, back to back.
- 7- 8 2nd, 3rd, and 1st couples, taking hands as in double triangles, set.
- 9-16 1st couple, followed by 3rd couple (who dance down the sides to begin), dance up between 2nd couple; then cast *off*; and dance down to third place; then cast *up* to second place, in the middle.  
(Whenever possible, 1st and 3rd couples join nearer hands with partner.)  
Finish: 3rd couple in their original place.
- 17-24 1st couple turn their First Corner, right hand; then pass each other, right shoulder; and turn their Second Corner, right hand; then pass each other, right shoulder.  
Each corner dance for 4 bars.  
Finish: 1st couple in second place on their own side.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

## EXTRAS

### FLOWERS OF EDINBURGH

**8 X 32 R: 3 Cpls (4 cpl set)**

*Book 1*

- 1- 6 1st woman cast *off* two places; then cross over; and dance up behind 2nd and 3rd men to her partner's original place.  
At the same time, 1st man, following his partner, cross over; then dance down behind 2nd and 3rd women; and dance up the middle to his partner's original place.
- 7- 8 1st couple set to each other.
- 9-14 1st couple dance bars 1-6, but 1st man lead and 1st woman follow.  
Finish: 1st couple in their original place.
- 15-16 1st couple set to each other.
- 17-24 1st couple lead (right hand) down the middle and up to the top.  
Finish: 1st couple *face each other* in the centre.  
On bars 23-24, 2nd couple step in, ready for:
- 25-32 1st and 2nd couples dance a poussette.

### SANDY O'ER THE LEA

**6 X 32 S: 2 Cpls (3 cpl set)**

*Miss Milligan's Miscellany*

- 1- 8 1st and 2nd couples dance right hands across; then left hands across.
- 9-12 1st and 2nd couples set to their partner; then cross over, right hand with their partner.
- 13-16 1st and 2nd couples repeat bars 9-12, to place.
- 17-20 1st couple, followed by 2nd couple (who dance up the sides to begin) lead (right

hand) down the middle.

- 21-24 1st couple turn towards each other and lead up between 2nd couple (who divide and dance down); then 2nd couple turn towards each other and lead up, following 1st couple.  
Finish in the middle: 1st and 2nd couples *face up*, ready for:
- 25-32 1st and 2nd couples dance an allemande.

### MISS ALLIE ANDERSON

**8 X 32 J: 3 Cpls (4 cpl set)**

*Mina Corson, RSCDS Leaflet*

- 1- 4 All clap while 1st, 2nd, and 3rd women dance round their partner, passing their partner, right shoulder.  
Finish in the centre: 1st, 2nd, and 3rd women, right hand in their partner's right hand, *face down*.
- 5- 8 3rd couple, followed by 2nd and 1st couples, lead (right hand) down the middle.
- 9 1st, 2nd and 3rd men turn their partner under their right arm.
- 10-12 1st, 2nd and 3rd couples lead up the middle to their original place, on their opposite side.
- 13-16 1st, 2nd, and 3rd couples set; then turn their partner, right hand, 1/2-way, into promenade hold.
- 17-24 1st, 2nd, and 3rd couples dance a promenade.
- 25-28 1st couple dance right hands across with 2nd woman.  
Finish: 1st man in second place, on his own side.  
2nd man step up, bars 27-28.
- 29-32 1st couple dance left hands across with 2nd man.  
Finish: 1st couple in second place, on their own side.  
2nd woman step up, bars 31-32.