# PSCD SET & LINK TOPO TO TORONTO ASSOCIATION NEWSLETTER NOVEMBER 2010

## From the Chair



ovember is a month I always look forward to. The new season is well underway, the classes are established, and the social groups are into

cruise control. Now we get ready for the Toronto Workshop and the Saint Andrew's Ball.

I especially like the St Andrew's Ball for the thrill of the sense of occasion when entering the Fairmont Royal York. I love the ambience, the well-dressed crowd, the formal dinner—even the speeches. Then there is the thrill of listening to and dancing to the pipes.

And for the RSCDS dancers there is the fun of dancing to the wonderful music of Bobby Brown & The Scottish Accent and executing the dances we have worked on at all the organized practices. The last time I counted, there are at least seven dedicated practice nights as well as the good preparation that happens at the social groups.

Each year a couple of dances from the programme become highlights throughout the year. Last year a top choice was *Jean Martin of Aberdeen*. For me, I was dazzled by *Mrs. Hamilton* of *Wishaw*. It replaced *Sugar Candie* as my all time favourite strathspey - well, at least for last year!

Enjoy the Ball! I hope we can join you. I might come just for the haggis.

All the best.



The Tartan Ball is the highlight of the Toronto dance season. We have created a tradition for which we are justifiably proud. Since 1964, the RSCDS Toronto Branch has held its gala Tartan Ball, initially in the Canadian Room, and for many years since in the opulent splendour of the Concert Hall of the Fairmont Royal York Hotel. We continue this grand tradition with the 48th Tartan Ball, to be held on February 19, 2011. You are invited to attend.

The Tartan Ball is *our* ball. It is a time for us to enjoy a grand evening of entertainment. Much like a Scottish Country Dance, the evening of the ball follows a fairly predictable pattern. The ball is made up of standard formations, with the occasional odd twist allowed, very much like a dance. Here's how the Tartan Ball would look as a dance.



- **Bars 1-8** *The evening begins:* A reception in the foyer provides a chance to greet old friends and meet new ones. Out-of-town dancers are pinned with a small tartan ribbon so we may recognize and welcome them.
- **Bars 9-16** *Dinner is served:* We are ushered to our seats. The Head Table guests are piped in. An elegant meal follows.
- **Bars 17-24** *Anticipation mounts:* A few words from our Chair. A few more words from our Guest of Honour. The ballroom is cleared. Dancers don their ghillies while non-dancers retire to the balcony to watch the fun.
- **Bars 25-32** *The Grand March:* This is really a highlight. All are piped back into the ballroom in a spectacular Grand March.
- **Bars 33-40** *The dancing begins:* The first dance is announced; sets are counted; the band strikes a chord; and the evening's dance programme begins. The fun goes on into the "wee sma' hours".

A ball is simply an excuse to dress up and enjoy a wonderful evening of good fun, good food, and spending time dancing with your friends and new acquaintances.

A special welcome is extended to newer dancers who have not yet attended the ball before. Throughout the dancing season, our teachers prepare us for this ball. The dances for the ball are sprinkled into the monthly dance programmes, so there is plenty of opportunity to dance them. Closer to the evening there are special Tartan Ball practices. On the night of the ball, you will be ready.

The Tartan Ball Committee is working hard to ensure a grand evening. We are always striving to enhance the camaraderie and enjoyment of the evening. Look for announcements in the December and January newsletters. We are planning for a special Guest of Honour, who will be announced once details are confirmed.

The Order Form for tickets is included with this newsletter. The forms may be used for individuals, couples, or groups of up to ten. You will also be able to purchase your tickets online; details will be found on our website.

See you at the ball.

...Louis Racic

# December Family Night Dance

Date & Time: Saturday, December 11, 2010 – 7:30 - 10:30 p.m.
 Place: Crescent School, 2365 Bayview Avenue
 Music: Bobby Brown & The Scottish Accent

**Host Groups**: • Erin Mills (Tues.) • Glenview • Humbercrest

The Jubilee Jig †	J 8x32	Leaflet
Petronella	R 8x32	Bk 1/ 1
Lady Glasgow	S 8x32	MMM
The Frisky	J 8x32	Bk 26/ 10
Fair Donald	S 8x32	Bk 29/ 4
Round Reel of Eight	R 1x88	Bk 27/ 7
Interval		

Interval Bk 16/3 The Duke of Atholl's Reel J 6x32 Davy Nick Nack Glasgow Assembly R 8x32 Adieu Mon Ami † S 8x32 Bk 24/11 Airie Bennan Glendarroch J 5X32 The Minister on the Loch 4 dances for 2008 S 3X32 Shiftin' Bobbins † R 8x32 Ormskirk 6 Extra:

Mamie's Jig J 4x32 M

† Tartan Ball dances. All dances will be briefed.

The Monthly Dance is a scent-free and nut-free environment. Hand sanitizers will be available.

#### Price of Entry (including HST):

- Members \$22 Non-members \$28 Student members \$10
- Youth / spectators \$5 Beginners (in March and December) \$10

# 50-50 Draw

Memories of Fife

proceeds for the 50/50 draws held at Monthly Dances support Dancing In The Park. At the dance on September 25 David Hawkins won \$87.



## Margo Priestley to Visit Erin Mills

The Erin Mills social group has a treat in store for its November 12 evening.

Margo Priestley will be teaching Jean Hamilton's group on that date at the Mississauga Seniors' Centre. The group meets from 8:00 p.m. to 10:00 p.m.

For directions to the location, see the October *Set & Link* or phone (905) 566-9599. There is also a clickable Google map on the website.



Margo, you'll remember, is one of the guest teachers joining us for the November 13 Toronto Association Workshop. She's from West Lothian, Scotland.

...Marie Anne Millar

## Special Events

## The Toronto Workshop

Saturday, November 13

The Toronto Workshop will be held at Toronto French School with the evening dance at Crescent School. Teachers are David Booz, Toronto; Margo Priestley, West Lothian, Scotland; Ruth Taylor, Brockville. Musicians are Don Bartlett, Bobby Brown, and Laird Brown. Application Form and/or on-line Registration at www.rscdstoronto.org/workshop.html

# St. Andrew's Ball Practices @ Glenview

#### Wednesdays, November 17 & 24

any Glenview folk are active members of the St Andrew's Society, one of the oldest charitable organizations in Canada, and still thriving. One of the ways the Society raises funds is through the annual St Andrew's Ball (Nov 27), co-sponsored by the 48th Highlanders regiment. Thus, you can be sure that Glenview has the St Andrew's Ball close to its collective heart. Glenview will host two practices for the Ball, at Glenview Presbyterian Church 8:00-10:00 p.m.

## Ceilidh Dances

Friday, Nov. 19 at 7:30 p.m.

Ceilidh leader Ian Paterson guarantees you and your friends will have a great time ceilidh dancing. Bring lots of energy as there's no spectating! Even if friends can't ceilidh with you this month, come anyway. It's fun. The next opportunity to join in the fun is January 14. At St. Leonard's Church, 25 Wanless Avenue, it's very close to the Lawrence station and has a good wooden floor. Questions? Contact Carole Bell at carolewbell@sympatico.ca or 416-221-1201. \$10 for adults, \$5 for students, \$2 for kids.

## Sunday at Broadlands

2 - 4 p.m. • Nov. 21 • Dec. 5

n November 21, Paul Maloney will teach dances from the new Ann Campbell book, "Who's Who in Toronto", published by RSCDS Toronto. December 5 will be "Sunday Miscellany" with Blair Gerrie. \$5.50 for members; \$8.50 for non-members. Check the website for more information.

### Erin Mills Xmas Party Dance Friday, December 10 at 8 p.m.

The Erin Mills (Friday) Group invites you to come to a "Christmas Party Dance", with music by "The Reel Thing" aka Jim Darge and Gordon D.S.Hamilton. The Olga Tyne Auditorium at their new location in Mississauga has a cushioned, non-slippery wood floor and there is ample parking space. At The Mississauga Seniors' Centre, 1389 Cawthra Rd. (turn at Arbor Ct just south of the QEW).

The Dance Program/briefsheet (ticket) will be available soon. Contact Jean Hamilton at 905-566-9599 for further details.

## Special Events (Con't)

# Scarborough Xmas Dance

Carborough Scottish Country Dancers will be holding their Christmas dance Monday December 13th, 2010 at Q-SSIS Banquet Hall. Music by Bobby Brown & The Scottish Accent. Admission \$45. For tickets call Marie Duncan 416-266-3377 or Jean Quinn 416-264-4017.

## Erin Mills Hogmanay Ball

Dec. 31, 2010 at 8 p.m

Join your dancing friends to bring in the new year at historic Clarke Hall, Mississauga. We'll have a Reception at 7.30 p.m.; Dancing 8 p.m. to Midnight to the music of Bobby Brown & The Scottish Accent. Cost is \$70 per ticket (includes wine, punch, tea, coffee, mid-evening snacks). Contact Keith R Bark 905-822-1707.

## Wacky Tacky Beach Party

Saturday, February 12, 2:00 - 5:00 p.m.

Tall has arrived, Christmas will soon be upon us, and it's not too early to look forward to our "Beach Party" and to plan your "wacky, tacky outfit" for the Fashion Parade. An afternoon of fun is anticipated, with something for all tastes: contests, dances, games, a silent auction....and don't forget that the proceeds will benefit the Youth Weekend East in April!

Let's get "wacky" at Westway United Church!

Final details available in the January *Set & Link*, or from Deirdre MacCuish Bark at 905-822-1707.

# Dance Etiquette:

Carole Skinner offers a few rules to get the dance season off on the right foot



Sets are formed from the top, with additional couples join-

ing at the bottom: However, please pay attention to those around you — make sure that in your haste to form a set you are not pushing someone out.

**Booking dances ahead:** There is no rule about this, but if you book all your dances ahead you may miss the opportunity to dance with someone new. Personally, unless I am briefing, I never prebook dances and am never without a partner.

**Ladies asking men to dance:** Why not? Unless you are happy just dancing with ladies it may be the only way to get to dance with a man. This is *social dancing*, so if you see someone near you and want to dance with him, ladies, go for it!

**Twirls, Birls, and extras in a dance:** Dancing is fun and social. However, make sure if you are going to play during the dance that the others in your set will be comfortable with it. It's very confusing for beginner dancers who may be doing your old favourite for the very first time.

We all love Scottish Country dancing, and with a little courtesy to those around us we will all have the best dancing experience possible.

Have you got a pet peeve or perplexing puzzle you'd like Carole to talk about? Contact Carole at 416-386-1620 or carolebskinner@aol.com

## **Scottish Country Dancing Could Keep You Young**

study found that dancers aged 60-85 who performed reels and jigs were more agile, had stronger legs, and could walk more briskly than people of the same age who took part in other forms of exercise.



Dr Paul Dougall, Senior Lecturer and expert in dance and drama at Strathclyde University, Glasgow, led the research. He said: "It's generally assumed that dancing is good exercise, but we wanted to measure whether Scottish Country Dancing has specific health benefits."

The study, focusing on older women, had 70 participants—35 aged 60-85 who practiced SCD, and another 35 in the same age range who took part in other forms of exercise, such as swimming or keep-fit classes.

The university used equipment to measure muscle quality and function and found that SCD was particularly effective at keeping people fit. All 70 women were found to have better levels of fitness compared to the average for their age—but those who danced had better levels of fitness in some or all areas assessed than those who did not.

He concluded: "We chose to study this particular type of dancing partly because it is very popular with older people in Scotland but also because it has steps which have to be followed precisely. This calls for a particular level of physical fitness and mental alertness and the dancers who took part in the study were experienced—they have all been dancing for at least five years; some for 30 years or more. Not only is SCD enjoyable and sociable, but there also appears to be clear evidence that it's an effective recreational exercise for particular types of fitness later in life."

... Original by Gillian Duncan, The Press & Journal, Aberdeen ... Submitted by Kathleen Kynoch

Editor: The following note was received from Douglas Allen in Parry Sound. Douglas' email is allend@vianet.ca

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This is a request for comments, or feedback on a new venture I've begun with the elderly — all women, of course. I have dubbed it "Walking the Dance" for seniors in the Parry Sound area. The method is to walk the formations of the dances to the music, primarily for the enjoyment of the activity. Some of the women so far have been dancers, but are now limited by arthritis, some dementia, and loss of mobility. Functionally, performing a dance serves to focus the individual's attention on where she is going, on interacting with the others in the set, and enjoying the music. Typically, although the music is played either normally or somewhat more slowly, they can't keep up the pace, but the purpose is to have the participants be active, push their limits slightly, and enjoy the music. Much of the instruction focuses on handing, being aware of the beat of the music, and getting the direction of movement correct. I consider this to be a mildly therapeutic service to the elderly in our community.

The inspiration for the idea comes from the video in which RSCDS Scottish dancers demonstrate dancing and walking several dances. Have any of you ventured into this use of the dance as a walking experience? What comments can you give about the idea whether or not you have tried it?

. . . Douglas Allen





few years ago Brenda arrived in Toronto. She had been active in Scottish Country Dancing in Ottawa and Montreal, even being Branch Chairman in Montreal, so what better way to meet people than Scottish Country Dancing in Toronto. She danced with several groups and thus initiated a major component of her social life here – including meeting Douglas.

We noticed right away that Brenda was a good dancer, but once we realized her organizational talents we persuaded her

to become Secretary of the Toronto Association. She was always the voice of reason. She had the ability to look at issues from all sides. If there was even a hint of unfairness, questions were asked. She was also persistent in getting the information we needed, particularly in dealing with the RSCDS in Edinburgh. When I was to become Chair I was really worried that Brenda would step down, but was delighted when she stayed on. She kept me on track – both at meetings and in talking things over. When she presented an idea it was always clearly thought out.

## What's in a Name? The Corian Strathspey



Dancers in Hamburg, Germany, performing The Corian Strathspey at British Day 2009 – an annual event which takes place in August at the Polo Club in Klein Flottbek.

There it is, towards the end of the November Monthly Dance programme — The Corian Strathspey? Hmm! Never heard of it! Corian must be a place in Scotland, but does not appear anywhere in my Caledonian road maps. Okay, let's Google it!

Aha! What have we here? Corian — a brand name owned by Dupont? Can this be it? A synthetic material made of acrylic

polymer and alumina trihydrate? It's used for kitchen countertops, vanities, etc. Hard to visualize, say, "dancing on the countertops"! Nah! That can't be it! Not even for *The Dancing Bells*! So where did it come from?



Brenda was responsible for writing several nominations for the Scroll of Honour to be submitted to Scotland. She devised a most professional format which we continue to use. She was also very attentive to detail. Every nominee was accepted, on merit, but also partly due to Brenda's diligence in gathering information from the candidates themselves and partly due to the quality of her write-ups.

Brenda was always willing to lend a hand wherever it was needed. She sat on committees; she helped at the workshop; she and Douglas were strong members of the demo team, willing to travel across the city to participate and bring joy to those watching. She also worked at setting up the 50-50 lottery for Dancing in the Park. When she could no longer dance, she would come and sell tickets – a chance to socialize with her dancing friends. Even as late as last spring, Brenda agreed to help me with a project – and again set me on the right track.

Brenda was a practical, down-to-earth person with a great sense of fair play. She was always honest and open in her dealings, be it discussing her health or reaching a decision. It is not everyone who can contribute at such a level. She will be missed for this, for the pleasure of dancing with her, for her smile, and for the person she was.

Brenda, my friend, be at peace.

... Jane Robinson

Brenda died on September 27, 2010. Our deepest sympathy is extended to Douglas Worling and Brenda's family.

The dance brief says it surfaced in RSCDS Book 43, which was issued in 2003. Obviously, that is where I should have looked first. This enables me to take tongue out of cheek and find out who devised *The Corian Strathspey*. And here is where I learn of a Montreal dancer named Maurice Whitby, who devised the dance in 1995 to celebrate the forthcoming marriage of Miss Corie Duque, a young Scottish Country dancer, and her swain, Mr. Brian Prentice. CORie and BrIAN, get it?

I'll bet that all this probably happened under the aegis of RSCDS Montreal. After all, in that locale, Maurice Whitby was well known as a dancer and dance devisor. Who remembers another of Maurice's strathspeys by name of *My Trusty Fiere* (a small portion of "Auld Lang Syne" no less)? Moreover, as the Strathspey Server website tells me, he was also blessed with a wicked sense of humour. There are anecdotes galore, often involved with Maurice's frequent visits over the years to RSCDS Boston's well-known events at Pinewoods, in the company of other Montreal dancers.

As a memorial to the late Maurice Whitby, a dance was devised by Gary Thomas, a San Francisco SCDer, with music written by the ubiquitous Ron Wallace, another SCD Californian. The dance is called, simply, *Maurice*.

... Barry Pipes

## S.O.K.S. Burns Supper, Jan 22

The Southern Ontario Kilt Society will honour the bard with a Burns supper at the Best Western Primrose hotel in downtown Toronto. We are very fortunate to have the world-renowned Bobby Brown & The Scottish Accent as our feature entertainment for the evening to play for both Scottish Country and regular dancing.



Dinner will feature a buffet with classic Burns favourites such as haggis — with a chicken or steak pie option for those who are haggis-wary (vegetarians, let us know in advance). We will have a cash bar with a wide selection of spirits and wines.

Tickets and information at: www.thescotsforum.com/burns

... Glen Allardyce

#### Meet The Board



Membership: John Clark
John processes all membership
forms and maintains the database.
He investigates and advises on
member suggestions for services
and/or benefits, and liases with
Membership Services, Edinburgh.



Deirdre MacCuish Bark
Deirdre is responsible for Special
Events and for coordinating the
Demo Team. If you have any ideas
for a special event and/or are willing to help, contact Deirdre.



Carole Bell
Contact Carole to comment on,
or contribute to the newsletter, or
about merchandise, media, and
outreach opportunities.



Secretary: Pat Clark Send Pat any correspondence for the Board that doesn't clearly relate to another Board member's work as set out above or in last month's issue.

# White Heather Ball Returns to the Highlands



Highlands of Durham social group want you to be the first to know – our popular White Heather Ball is returning.

Yes, it's true. Highlands of Durham have started planning the first White Heather Ball in three years. The date is Saturday, June 18, 2011, and we've found a fabulous place to hold it – wooden floor and all. We've booked General Sikorski Hall in North Oshawa, and Bobby Brown to provide the music.

Cocktails at 6:00 p.m., dinner at 7:00 p.m., followed by dancing till the wee small hours. General Sikorski Hall is easily accessible from Highway 401 and accommodation will be available at Durham College.

That's enough to sharpen your appetite, so keep June 18 free.

... Marie Anne Millar



## Bring Your Money to the Workshop!

not that we're into making money by selling our logoed clothing – the profit margin is minimal! But we do have quality clothes to offer which display our Toronto logo. While choice of shirt colour may be limited to about 17 hues (see below), the embroidery colour of the logo can be anything you desire, and you can make quite a fash-

ion statement matching logo to kilts and skirts. So, yes, we will have a table at the Workshop, and our logoed T-shirts, vests, hoodies, and regular dance shirts will be on sale. Cheque or cash only please. Questions? Contact Carole Bell at 416-221-1201, carolewbell@sympatico.ca

At right: Suzanne Dubeau models a sweat shirt emblazoned with the cryptic Pilling diagram of...well, you know which dance, don't you?





## Upcoming events: NEAR

NOV 7. *Technique 101*, a class focusing on improving footwork and figures, 2-4 p.m. at St Monica's S.S. (Yonge & Broadway) Contact Vicky Zeltins at SCDtechnique101@gmail.com

NOV 9. **St. Andrew's Ball Practice**, at Moss Park Armoury, 8 p.m.

NOV 12. Margo Priestly teaches at Erin Mills.

NOV 13. **Toronto Workshop** at Toronto French School. Evening dance at Crescent School.

NOV 13. **November Monthly Dance** at Crescent School. Free entry with Workshop package.

NOV 14. Technique 101, 2-4 p.m. at St Monica's.

NOV 17. **St. Andrew's Ball Practice 01**, at Glenview Presbyterian Church, 8 p.m.

NOV 19. **Ceilidh** at St. Leonard's Anglican Church, 25 Wanless Avenue, at 7:30 p.m.

NOV. 21. **Sunday Dancing at Broadlands**, the "Who's Who" book, with Paul Maloney, 2-4 p.m.

NOV 21. Technique 101, 2-4 p.m. at St Monica's.

NOV 23. **St. Andrew's Ball Practice**, at Moss Park Armoury, 8 p.m.

NOV 24. **St. Andrew's Ball Practice 02**, at Glenview Presbyterian Church, 8 p.m.

NOV 27. **Children's Workshop**, at Rosedale Presbyterian Church, 9:30 a.m. - 12:45

NOV 27. **St. Andrew's Ball**, at the Fairmont Royal York Hotel.

NOV 28. **Demo Pool Practice** at Broadlands C.C. from 2-4 p.m.

NOV 28. Technique 101, 2-4 p.m. at St Monica's.

DEC. 4 & 5. **Christmas Around the World** at Toronto City Hall Rotunda

DEC.5. Technique 101, 2-4 p.m. at St Monica's.

DEC. 5. **Sunday Dancing at Broadlands** with Blair Gerrie, 2-4 p.m.

DEC. 10. Erin Mills' Christmas party at the Mississauga Seniors' Centre, 1389 Cawthra Rd.

DEC. 31. **Erin Mills' Hogmanay Ball** at Clarke Hall, Port Credit, Mississauga.

JAN. 2. **Demo Pool Practice** at Broadlands C.C. from 2-4 p.m.

JAN. 9. **Demo Pool Practice** at Broadlands C.C. from 1-2 p.m. [note different time]

JAN. 15. **S.O.K.S. Annual Burns Supper** at the Best Western Primrose in downtown Toronto. Info: www.thescotsforum.com/burns

JAN.16. **Demo Pool Practice** at Broadlands C.C. from 2-4 p.m.

FEB. 12. **Wacky Tacky Beach Party** at Westway United Church. 2-5 p.m.

MAR. 26. **West End Workshop**. Mark your calendar! Details to be confirmed.

#### **Demo Pool Practices**

Sundays: 2 - 4 p.m. at Broadlands
• Nov. 28 • Jan. 2 • Jan. 9\* • Jan. 16

The Demo Pool welcomes interested dancers familiar with the basic formations.

Deirdre MacCuish Bark: 905-822-1707 barkd@rogers.com

\* Note: on Jan 9 the practice is from 1:00-2:00 p.m.

## Upcoming events: FAR

JAN. 28-30. Ardbrae Ball Weekend, Ottawa: Welcome Dance Friday evening, buffet dinner & ball Saturday night, and pot-luck brunch Sunday. Music: Bobby Brown & The Scottish Accent. Hospitality available. Info: www.ardbrae.org or e-mail: ardbraedancers@gmail.com

FEB 11-13. **RSCDS Edmonton Caledonian Workshop Weekend**. Teachers: Marjorie McLaughlin, San Diego, CA; Fred DeMarse, Alemeda, CA; Jody Williams, Kanata, ON. Music by Bobby Brown & The Scottish Accent. Info: Irene Townshend (780) 430-0412 or Louise Lattimore (780) 910-6232. www.RSCDSedmonton.org

FEB 18-20. **Annual Aloha Winter Weekend** in Hawaii. Guest instructor Alan Twhigg and the Humuhumunukunukuapua'a Society Strathspey Band. Info: Melissa Lindsay at MLindsay@hawaii. rr.com or 808-256-3347 or go to RSCDSHawaii.org

FEB 20-25. **RSCDS Winter School: Course 1.**FEB 27-MAR 4. **RSCDS Winter School: Course 2.**Atholl Palace Hotel, Pitlochry, Scotland. Apply online at: www.rscds.org/events/winter-school.html

FEB 25-26. London Branch Ceilidh, Workshop, & Dance. Teachers: Ellie & Mel Briscoe, Alexandria, VA. Contact: Dorothy Sample (519) 434-8926 or Gayle Frisa (519) 666-0332. www. RSCDSlondoncanada.org

MAR. 24-27. 7th Scottish Country Dance Weekend in Budapest. The weekend is in an historic fivestar hotel with a huge ballroom in the heart of Budapest In addition to dancing there will be time for sightseeing and trying Hungarian culinary specialities and wines. A tourist program is also available. Info: www.bstk.hu/bal2011

MAY 7. London's Golden Jubilee Ball. At the Great Hall, U. Western Ontario. Music by Bobby Brown & The Scottish Accent. Info: Brian Campbell (519) 644-2265 or Gayle Frisa (519) 666-0332. www.RSCDSlondoncanada.org

Community Folk Art Council of Toronto's



## Christmas Around the World

Sat., Dec. 4 and Sun., Dec. 5 Toronto City Hall Rotunda

njoy a wonderful opportunity to celebrate an international Christmas festival of food, traditions, music, and dance! (See www.cfactoronto.com for captured moments of last year's weekend.) Home-baked donations of all things Scottish, such as shortbread, tablet, black bun, mince pies, Empire biscuits, coconut ice, fly cemeteries, etc. would be most welcome for selling at our table – contact: Marcia Delamere: the.delamere@rogers.com. Items gratefully received by Nov. 28 and may be given to Deirdre MacCuish-Bark (possibly at Demo Pool practice Nov. 28), Jean Hamilton, Ishbel Thomson, Kay Marsh, Marcia Delamere, Norma Lumsden, or Theresa Malek.



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www.rscdstoronto.org

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#### Advertise in Set & Link

Members can place a small ad in *Set & Link* FREE for one issue. It can be a "classified ad" of about 5 lines, or a business card advertising items of interest to dancers.

Info: Brenda Nunes: 647-348-0690 brendajnunes@gmail.com



Please send submissions to carolewbell@sympatico.ca. Deadline for the December issue is Nov. 10.