PSCD SET & LINK TOPONTO ASSOCIATION NEWSLETTER October 2010

From the Chair



Last issue, the members of the talented and highly praised Newsletter Committee shared with us the secrets of their foot fetishes in the variety of footwear that sup-

ports their dancing passion. For me, I am a conservative. I'm a James Senior man, and I do possess a wide variety of orthotic devices. I no longer use the set that cut the shoes from the inside so that I had to hold them together with duct tape. Ah! Memories!

John Clark has recently circulated a link to an interview on BBC Scotland in which RSCDS staff comment on a survey published by the University of Strathclyde which identifies Scottish Country Dancers as significantly healthier and fitter than their peers. We know this to be true. We see it around us wherever we dance.

At the upcoming Toronto Workshop we will offer a Health and Wellness session as an alternative to the first class after lunch. This will be led by a physiotherapist who has a background in fitness and in sports injury rehabilitation. Some mention will be made of feet.

Another innovation for the Workshop is the on-line registration and payment option. Give yourself a treat: try it out.

By now the social groups and Association classes will be in full swing. Have a happy dancing season. See you soon.



Editor: James has added his footwear preference to the list. What about you? Do you have a favourite? Contact Carole Bell, 416-221-1201 carolewbell@sympatico.ca

hen you dance the jig *Over* the Water to Charlie (New Way) {RSCDS Book 34} have you not heard people cheekily mutter, "Was there ever an Old Way"?

Recently while rereading George S. Emerson's *The Scottish Country Dance (A History)*, I noticed a reference to *O'er the watter to Charly* and wondered if this could be the proverbial



and elusive "Old Way". Indeed it is! It is recorded in *The Register of Dances at Castle Menzies 1749*. The Menzies manuscript is kept in the A. K. Bell Library in Perth. Among its contents are two dances called *Strathspey reele*, one of the earliest documented uses of the term "Strathspey" with respect to dance, and the term "reele" is used instead of "hey". *The Montgomeries' Rant* is one of them. Any document that contained a title such as these two—only three years after the battle at Culloden—would probably have been considered seditious by the Government and its supporters. In this manuscript of 18 dances, *O'er the Watter to Charly*, is copied exactly as given, with spelling inconsistencies included. The author uses that technique so infuriating even today of referring to figures or movements "as in" some other dance with which the reader is obviously expected to be familiar, in this case, *The Lads of Dunce*. Here, then, is the dance—picture it—the Old Way.

O'er the Watter to Charly

1st man follows the 1st woman, & she follows him back again; then the 1st pair dances down between the 2d pair, & up gain, & then turn each other half round; then the 1st man leads off the 2d woman to aside as in Lads of Dunce, & the 1st woman the 2d man & then turns each other; then the 1st and 2d woman leads through the 1st and 2d man, then the 1st and 2d man leads through them back to their own side again, then the 1st pair crosses over & figure in, & goes right and left with the 2d pair

There you have it—the old way! If *O'er the Watter to Charly* were to appear on a dance program nowadays, we dancers who are accustomed to 8-bar phrases and standard RSCDS formations would be befuddled. Even if it were placed on a challenge dance program for experienced dancers, possibly we would accuse the emcee of imbibing far too liberally before briefing the dance. We are fortunate, indeed, that in 1985 the RSCDS Publications and Research Committee adapted a "New Way" with measured bars and standardized figures to help us enjoy the beauty of this and other Scottish Country dances!

... Donald E. Holmes

OVER THE WATER TO CHARLIE (New Way)

(J8x32) 3C (4C set) RSCDS Bk 34

- 1-8 1s set, cast 1 place, dance down between 3s & cast back to 2nd place.
- 9-16 2s+1s dance RH across 1/2 way, cross RH, dance LH across 1/2 way, 2s cross back LH as 1s turn LH to face 1st corners.
- 17-24 1s set to & turn 1st corners 2H, set & turn 2nd corners 2H.
- 25-32 1s dance reels of 3 on opposite sides giving LSh to 1st corners & cross RH to own sides.

Above:

The Minicrib version.

Left: The New Way, as diagrammed by Mr Pilling.

November Monthly Dance

Date & Time: Saturday, November 13, 2010 – 8:00 - 10:30 p.m.

Place: Crescent School, 2365 Bayview Avenue
Music: Bobby Brown & The Scottish Accent

Host Groups: • Highlands of Durham • St. Clement's • Woodglen

The Laird of Milton's Daughter †	J 8x32	Bk 22/10
The Inimitable Derek	R 8x32	3 Dances 2006
Anna Holden's Strathspey †	S 6x32	Bk 42/ 2
The Milltimber Jig #	J 6x32	Bk 41/ 7
The Dream Catcher †	S 1x96	Bk 45/20
John of Bon Accord †	R 8x32	Bk 33/ 5
Interval		
Miss Allie Anderson	J 8x32	Leaflet
Swiss Lassie †	R 8x32	Bk 39/1
The Silver Strathspey	S 8x32	Bk 44/ 3
The Starry Eyed Lassie	J 8x32	Bk 23/ 11
The Corian Strathspey	S 3x32	Bk 43/ 8
The Flowers of Edinburgh #	R 8x32	Bk 1/ 6
Extra		
The Triumph	R 4x24	Bk 1/ 2
Espie McNabb	J 8x32	MMM

† Tartan Ball dances # Dances to be briefed only.

The Monthly Dance is a scent-free and nut-free environment. Hand sanitizers will be available.

Price of Entry (including HST):

- Members \$22
- Non-members \$28
- Student members \$10
- Youth / spectators \$5
- Beginners (in March and December) \$10

Calvin Welcomes New Teacher



Calvin Social Group welcomes our new teacher, Vicky Zeltins. Vicky is an experienced teacher both on and off the dance floor. She started dancing in 1991 and Calvin was her first social class. She has participated in demonstration dances with the Finlay Dancers in Canada and abroad, attended Summer School in St. Andrews several times, and been taught

by some of the best teachers in the Scottish Country Dancing world. She has taught both Level 1 and Level 2 Association classes and will be teaching at the Children's Workshop this fall. Vicky is excited about returning to Calvin — this time as a teacher.

All dancers are most welcome to join us on Tuesdays at 7:30 p.m. at the convenient location of Calvin Presbyterian Church Hall, 26 Delisle Avenue (St. Clair and Yonge). For information, please contact Douglas Smith: 416 481-8474 or h.douglas.smith@sympatico.ca.

Farewell to Midtown SCD Group

Country dance group after ten wonderful years. Our group was small in number but very loyal and friendly, and we appreciated our good luck in having a teacher as dedicated as Isabelle MacPherson. She was modest about her accomplishments, but they were many. We are so sad about her illness and sudden death on August 16, but her influence will be with us still as we carry on dancing — as she would wish us to do.

... Flora Blair Crawford

Special Events

Ceilidh Dances Are Back! Fridays @ 7:30 p.m. • Oct. 15 • Nov. 19

Ceilidh classes are an outreach initiative. Members are urged to bring friends to experience the joy

of Scottish dancing with no worries about footwork or formations. Ceilidh leader, Ian Paterson, promises "pure dead fun" for all.

Ceilidhs are held at St. Leonard's Anglican Church, 25 Wanless Avenue, two blocks north of Lawrence Station on Yonge Street. Cost is \$10 for adults, \$5 for students and \$2 for children. Contact: Carole Bell: carolewbell@sympatico.ca 416-221-1201.



Sunday Dancing at Broadlands

Sundays @ 2 - 4 p.m. • Oct. 24 • Nov. 21 • Dec. 5

On October 24, Carole Skinner will be teaching dances from her new trip book. On November 21, Paul Maloney will teach dances from the new Ann Campbell book, "Who's Who in Toronto", published by RSCDS Toronto. The theme and teacher for the Dec. 5 session is yet to be confirmed. The cost is \$5.50 for members and \$8.50 for non-members. Check the website for more information.

Toronto Association Workshop Saturday, November 13

The Toronto Workshop will be held at Toronto French School with the evening dance at Crescent School. Teachers are David Booz, Toronto; Margo Priestley, West Lothian, Scotland; Ruth Taylor, Brockville. Musicians are Don Bartlett, Bobby Brown, and Laird Brown. Application Form and/or on-line Registration at www.rscdstoronto.org/workshop.html



Wacky Tacky Beach Party Saturday, February 12, 2:00 - 5:00 p.m. Westway United Church, Templar Drive (Kipling, north of Eglinton)

The hazy, crazy days of summer 2010 will extend into February 2011, with our Wacky Tacky Beach Party. Don't pack away those

shorts and tees, join us for a "hot afternoon" when "a good time will be had by all".

Proceeds from this event will benefit the RSCDS Toronto Youth Weekend 2011 (April 29 to May 1).

Contact: Norma Lumsden normahrlumsden@yahoo.ca 416-237-9026 for information.

Late Start for Erin Mills (Friday): Oct 1

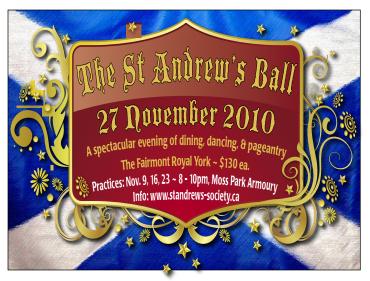
The Erin Mills Friday Group has an unexpectedly late start in a new location this season.

Date: Friday October 1, 2010
Time: 8.00 p.m. to 10.00 p.m.
Place: Mississauga Seniors' Centre,

The Olga Tyne Auditorium (cushioned wood floor!) 1389 Cawthra Road (east side) at Arbor Court

(2 lights South of the QEW)

Please join us for our inaugural class. The evening will include some dances from the closing program of "Dance Scottish Week 2010" in Ayr, Scotland. ... Jean Hamilton 905-566-9599



Meet The Board

Decause the central phone line has recently been cancelled, we are introducing the members of the Board in this space. If you wish to contact a Director, we remind you that contact information is on page 6 of each *Set&Link* (and on the website: Contacts). Next month we will highlight the other members.



Vice Chair: Margaret Rieger Contact Margaret when the Chair is unavailable, about regalia, archives, or with questions about RSCDS Toronto's Activity Policy concerning Children and/or Vulnerable Persons.



Treasurer: Wendy Fulton Wendy looks after finances and Insurance Certificates for social groups, regular classes, and for special occasions.



Director at Large: Tom Clark Tom's brief is social group liaison and volunteers. Contact Tom with offers to volunteer, or for information regarding awards and about board relations with social groups.



Program Director: Ann Campbell Contact Ann about classes, the workshop, association classes, monthly dances, the Tartan Ball, dancing in the park, and children's and youth activities.

Technique 101 with Professor Zed

Vicky Zeltins is hosting a series of special classes for dancers who wish to improve their footwork and figures. In other words, the emphasis will be on *dancing*, not just *dances* (though dances will, of course, be done). The prerequisite is graduation from any Association class, or equivalent dance experience. Dancers of all levels are welcome.

Sundays, 2-4pm: • Nov 7 • 14 • 21 • 28 • Dec 5

St. Monica Separate School (near Yonge & Eglinton, see below) **Cost:** \$10/class or 5 weeks for \$40

We will be dancing in the gymnasium. Bring a change of footwear, appropriate dance clothes, and a small snack.

To register, or to ask for more information, contact Vicky Zeltins at SCDtechnique101@gmail.com

St. Monica Separate School is at 14 Broadway Ave, Toronto. From the Eglinton subway: walk north on Yonge to the 1st light (top of the hill); cross to the east side of Yonge on Broadway — the school is just past the apartment block. TTC is preferable to driving as parking is limited.

Fall Association Classes

Classes have already begun at various locations, as reported in your September issue of *Set&Link*. However, the Beginner Class in eastern Scarborough starts later, as shown here. The website has complete information on all Association Classes, and it's not too late to join.

Level 1, Beginner Classes: for inexperienced dancers

Mondays: Oct. 18 - Dec. 20: Grace Presbyterian Church,

447 Port Union Rd., Scarborough.

Teacher: Carole Skinner

The class runs for 10 weeks, from 7:30 - 9:30 p.m. Cost is \$85 (HST included). Cheques preferred, payable to RSCDS Toronto. Contact: Sue Ann Bryce, 416·266-5423, sueann2@sympatico.ca



April 29 - May 11 Enjoy a weekend of Scottish

Enjoy a weekend of Scottish Country Cancing on the shores of Lake Simcoe at the Jackson's Point Conference Centre.

For more info, go on Facebook or visit the website: www.RSCDStoronto.org

Have you renewed?

Our membership keeps us strong as an organization. Please renew your membership. Otherwise, this will be your last issue of *Set&Link*, Also, you will miss out on significant savings at Monthly Dances, the Tartan Ball, and other RSCDS Toronto events. Our membership also supports teacher training, new dance books, and new music production.

Please fill in the Membership Form that came with your September *Set&Link*, or download the form from the home page of the website.

What's In A Name? A Trip to Bavaria

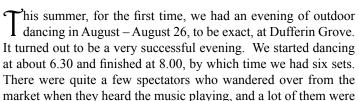


hose folks who took advantage the first monthly dance of RSCDS Toronto's new season were able to enjoy what I well remember as quite the fun dance, James McGregor-Brown's reel, A Trip To Bavaria.

Bavaria? Scottish Country dancing exists in Bavaria? "You betcha", as Sarah Palin is wont to say! Bayern, as they call it if you live there, is the second most populous of the states that comprise the Federal Republic of Germany. The largest city is Munich. Its inhabitants, who number well over a million Bavarians, call it München (with an umlaut over the "u"). But Scottish Dancing?

Well, back in 1973, a group of expatriate Scots and their friends decided to found the Munich Scottish Association (MSA) to further Scottish culture in south-east Germany and they have been going strong ever since with a steady focus on the dancing that we all know and love.









Cleaning Out for Fall?

Cleaning out your cupboards this fall? Your gently used dancing treasures will become treasured by someone else and the money

raised will help to maintain important dance events. Any donations to the sale at November's Workshop will be graciously received.

For more info, contact Margaret Rieger (416) 467-9083 (after Oct. 11) or Valerie Fisher, (416) 497-4186.

The MSA is not a branch of RSCDS at present, but is affiliated with same. That said. the first RSCDS Branch in Germany was founded six years ago under the name "Central Germany Branch", and is headquartered at the Kuckucksnest in a community about 80 km south of Frankfurt/Main. Run your finger down a list of the SCD "movers and shakers" either in Munich or in Central Germany, and the names you see are very Germanic. There is not a Mc or Mac to be seen.

Even so, go back to the second century AD, and it appears that the Bavarians of the day were called Baiuvarii, which means "Men of Baia", whose homeland, a.k.a. Bohemia, was



Perhaps the footwear is not quite right, but are these Bavarians about to dance Trip to Bavaria?

occupied by a tribe of Celts called Boii. Celts, did you say? Aha! So it really is in the blood. Those Celtic folk are everywhere....Isle of Man, Brittany, Cornwall, and even Bavaria. Not to forget, on another level, both Boston and Glasgow.

... Barry Pipes

keen to join in the participation dances. One lady can hardly wait for classes to begin in September! Thanks to all the people who helped put the evening together – Paul Barber for arranging the site, John Clark for organizing and providing the music, Margaret Rieger for being MC, and of course the briefers, May Divers and Norma Lumsden. I think this will definitely be worth repeating next summer.

... Ann Campbell, Program Director





Ezine for Youth

new ezine for SCD youth worldwide has been published by headquarters in Edinburgh. The first issue was largely put together by the Buchanan Scottish Country Dancers of Glasgow. It's bright,

cheery, and full of fun and information about dance youth in many countries. Some tips from Toronto juniors are quoted, along with a call for contributions from young photographers and devisors of dances. Download at www.rscds.org/news/member-news.html (and explore the website – there's a lot there!)

Mairi's Wedding or Mairi's Divorce?

Excerpt from an article in RSCDS London's magazine The Reel, summer 2010.

John W. Mitchell analyses some modern dances Mairi's Wedding

This extremely popular dance, as devised by James H. Cosh, included a development of the reels of four with corners figure, which first appeared in The White Rose of Scotland devised by Elma Taylor. In the original instructions it was indicated that the leading couple must always pass by the left in the centre of the set. James Cosh subsequently confirmed this. This instruction is perfectly logical for a wedding dance as the heart is on the left side of the body. Despite this, many leading couples incorrectly insist on passing by the right in the centre. It should be obvious to any dancer that if in a reel of four you pass by the right at the ends of the reel and also in the centre, it ceases to be a reel and degenerates into a clockwise chase or (as described by one devisor) "a sausage". Unfortunately, some teachers and some modern dance devisors give as instructions: "pass by the right in the centre as in Mairi's Wedding."

Mairi's Divorce

This modern dance was published by TAC. It is virtually identical to Mairis Wedding, except that the instructions clearly indicate that the first couple must always pass by the right in the centre of the set. This is completely logical as it means the dancers' hearts are as far apart as possible.

Tartan Ball 2011: Mark Your Calendar

The 48th Tartan Ball, the highlight of our dancing season, will occur at the Fairmont Royal York Hotel on Saturday, February 19, 2011. Last year's ball was full of fun with a video of our guests of honour dancing the *White Cockade*, as well as a gallery of pictures on our website: www.rscdstoronto.org/intervals.html

If you have never been to the Tartan Ball, the video and pictures give you an idea of the excitement and grandeur of the evening. For you who attended it, relive the fun, stir your memories, and plan to attend in February. The Tartan Ball committee is planning a spectacular evening for your enjoyment. Watch for the ticket order forms in the November *Set&Link*.

. . . Louis Racic, Tartan Ball Convenor





Lourdes Genosa, always looking for a way to promote SCD, attended a YMCA event, for which she created this poster to advertise the pleasure and health benefits we get from dancing.



To help in our outreach efforts we have posters like this on letter-size paper. Could you help in finding a location where one could be posted?

Email Carole Bell or call her: 416-221-1201



Miss Milligan Needed Me!

Ave you considered becoming a certified Scottish Country Dance teacher? Do you have commitment to learn these teaching skills and dedication to pass on to others the real joy of SCD? Betty Thompson wrote the following in her "Personal Memories of Dr. Jean C. Milligan" ... Donald E. Holmes

The book, "Dance With Your Soul", tells everything there is to know about Miss Milligan and was written by a man [Alistair MacFadyen] who knew her and loved her and who travelled the same paths she did—spreading the joy of SCD. The following is only my personal memories of our founder, and I will always be grateful to her for the pleasure—the joy I have experienced through SCD.

My first encounter with her was at Crail, Fife, in 1934 at a Girl Guides' Camp. Miss Napier of Milton was the Guide Commissioner in charge of the camp and a good friend of Miss Milligan who had come to visit and to have a movie made at the camp. Miss Milligan taught us "Pas de Basque" and Petronella; from that moment, I was "hooked" on SCD.

My second encounter was at an "exam" in Calvin Church. This was in 1961 or 1962. The candidates for the Preliminary Certificate were Isabelle MacPherson and George Armstrong. I decided then that Miss Milligan NEEDED me and that I would practice and study and pass the Teachers' Certificates. I was already teaching a class of young people and I knew that the Teachers' Training class would be good for me and for my young dancers—even if I didn't pass. I did pass, and the rest is SCD history.

If you want to be participate in teacher candidate classes, please contact Jean Noble: jean@charteredaccountants.ca

Congratulations...





At TAC this summer, Nigel Keenan completed the requirements for his permanent Teacher's Certificate. Alicia Tarasick passed units 2 and 3. Well done, you two!.

Upcoming events: NEAR

OCT 15. **Ceilidh** at St. Leonard's Anglican Church, 25 Wanless Avenue, at 7:30 p.m.

Oct 17. **Demo Pool Practice** at Eglinton Orange Hall, Yonge & Castlefield, from 2-4 p.m.

OCT 24. **Sunday Dancing at Broadlands** at 2:00 p.m. with Carole Skinner.

NOV 13. **Toronto Workshop** at Toronto French School. Evening dance at Crescent School.

NOV 19. **Ceilidh** at St. Leonard's Anglican Church, 25 Wanless Avenue, at 7:30 p.m.

NOV. 21. **Sunday Dancing at Broadlands** at 2:00 p.m. with Paul Maloney.

NOV 28. **Demo Pool Practice** at Broadlands C.C. from 2-4 p.m.

DEC. 5. **Sunday Dancing at Broadlands** at 2:00 p.m. Teacher to be confirmed.

ur new T-shirts come highly recommended: they look good, wash well, and come in your choice of 16 colours plus white. Not only that, but you can choose from three-quarter or short sleeve or sleeveless styles. Want to colour



coordinate with your skirt or kilt? Have fun choosing the logo colour from a wide range of embroidery thread. All this for just \$27 including HST. Contact Muriel Nicoll 416-439-3293 or Marie Duncan 416-266-3377 or Carole Bell 416-221-1201. T-shirts will be featured on the website and at the merchandise table at monthly dances and other events.

Demo Pool Practices

Sunday, Oct 17: 2 - 4 p.m. @ Eglinton Orange Hall, Yonge & Castlefield (note new location)

Sunday, Nov. 28: 2 - 4 p.m. @ Broadlands

There will be at least one Saturday practice, likely in October. The Demo Pool welcomes interested dancers familiar with the basic formations.

Deirdre MacCuish Bark: 905-822-1707 barkd@rogers.com

Kilt For Sale



A full 8-yard, medium weight, hand-sewn kilt. It will fit a 38 – 40 waist and is a full length of 24" It has been worn only 3 or 4 times: just \$300.

 $Contact \, Stewart \, Bennett \, at \, tartanshop@on. aibn.com$

Upcoming events: FAR

OCT 15 - 17. Hamilton Branch Weekend Teachers are the two Zeds: Bill Zobel of Vancouver, and Marie Ziccarelli of Buffalo. Saturday evening ball features Bobby Brown & The Scottish Accent. Info: Maggie McEwan magmcewan@aol.com 905-301-5475 or www.RSCDShamilton.org

OCT 23. **Kincardine Annual Scottish Country Dance** at 8 p.m. at Church of the Messiah, Russell Street. Tickets \$10. Info: 519-396-3622.

OCT 30. **RSCDS Burlington 37th Annual Dance** at Nelson High School, 4181 New Street. 8pm. Music by Don Bartlett. Good food, good fun for \$20. Info: Sue Dilworth sdilworth1@bell.net (905) 331-7846

OCT 30. Windsor RSCDS Annual Ball at The Masonic Temple, 986 Ouellette Ave., Windsor. Music: Bobby Brown & The Scottish Accent. Email: rebecca_rock@msn.com. Briefs on our website: www.rscdsWindsor.org

NOV 5-7. RSCDS Kingston Branch 44th Annual Weekend Workshop & Ball. Teachers: Dale Birdsall, Shoreham, VT; Sarah Harriman, Austin, TX; Mary Murray, North Vancouver, B.C. Info: www.rscdskingston.org or contact Barb Parker, 613-544-0624, registrar@rscdskingston.org

FEB 11-13. **RSCDS Edmonton Caledonian Workshop Weekend**. Sutton Place Hotel, Edmonton. Teachers: Marjorie McLaughlin, San Diego, CA; Fred DeMarse, Alemeda, CA; Jody Williams, Kanata, ON. Music by Bobby Brown & The Scottish Accent. Info: Irene Townshend (780) 430-0412 or Louise Lattimore (780) 910-6232. www.RSCDSedmonton.org

FEB 20-25. **RSCDS Winter School: Course 1.**FEB 27-MAR 4. **RSCDS Winter School: Course 2.**Atholl Palace Hotel, Pitlochry, Scotland. Apply online at: www.rscds.org/events/winter-school.html

FEB 25-26. London Branch Ceilidh, Workshop, & Dance. Teachers: Ellie & Mel Briscoe, Alexandria, VA. Contact: Dorothy Sample (519) 434-8926 or Gayle Frisa (519) 666-0332. www. RSCDSlondoncanada.org

MAY 7. London's Golden Jubilee Ball. At the Great Hall, U. Western Ontario. Music by Bobby Brown & The Scottish Accent. Info: Brian Campbell (519) 644-2265 or Gayle Frisa (519) 666-0332. www.RSCDSlondoncanada.org

We Need You



e are looking for volunteers to help make decorations for the Christmas Around the World Festival in early December. We will also accept donations of

"Scottish" ornaments to decorate our Scotland Tree in Toronto City Hall. Hope to hear from you very soon. Contact Norma Lumsden: 416-237-9026 normahrlumsden @yahoo.ca or Kay Marsh: kay@4villages.on.ca

Last year we attended and performed at Christmas Around the World at Toronto City Hall. We are going to be there again this December and would like the help of our members. We will have a table with information and treats. If you have a couple of hours (or more) that you can give us for the weekend of Dec. 4 & 5, please let me know.

.... John Clark



RSCDS Toronto c/o Secretary, 207 Elmhurst Ave. Toronto ON M2N 1S2 (416) 225-5222

www.rscdstoronto.org

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Advertise in Set & Link

Members can place a small ad in *Set & Link* FREE for one issue. It can be a "classified ad" of about 5 lines, or a business card advertising items of interest to dancers.

Info: Brenda Nunes: 647-348-0690 brendajnunes@gmail.com



Please send submissions to carolewbell@sympatico.ca. Deadline for the November issue is Oct. 10.